

LILLY SHANAHAN, PH.D.

Curriculum Vitae

University of Zurich
Jacobs Center for Productive Youth Development
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https://www.jacobscenter.uzh.ch/en/research/risk_and_resilience.html

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https://www.researchgate.net/profile/Lilly_Shanahan

<https://scholar.google.com/citations?user=gOY6OMEAAAAJ&hl=en&oi=ao>

ACADEMIC APPOINTMENTS

- 2016– Professor (Extraordinaria)
Department of Psychology (Clinical Developmental Psychology)
Jacobs Center for Productive Youth Development
University of Zurich, Switzerland
- 2012–2016 Assistant Professor
Department of Psychology and Neuroscience
University of North Carolina at Chapel Hill, USA
- 2008–2011 Assistant Professor
Department of Psychology
University of North Carolina at Greensboro, USA

ACADEMIC AFFILIATIONS

- 2023– - UZH Population Research Center, Co-Director
<https://www.prc.uzh.ch/en.html>
- 2016– - Jacobs Center for Productive Youth Development
<https://www.jacobscenter.uzh.ch/en.html>
- International Max Planck Research School on the Life Course (LIFE)
<https://www.imprs-life.mpg.de/life-program>
- Zurich Project on Social Development from Childhood to Adulthood International Research Network (zIREN),
Co-Director
<https://www.jacobscenter.uzh.ch/en/research/zproso/ziren.html>

- 2016–2020 Adjunct appointment, Department of Psychology and Neuroscience
University of North Carolina at Chapel Hill
- 2008–2018 Faculty Fellow, Center for Developmental Epidemiology
Duke University Medical Center
- 2014–2016 Member, Nutrition Obesity Research Center (NORC)
University of North Carolina at Chapel Hill
- 2008–2016 Faculty Mentor, Carolina Consortium on Human Development (CCHD)
Center for Developmental Science
University of North Carolina at Chapel Hill

EDUCATION AND TRAINING

- 2004–2007 Post-Doctoral Fellow at the NICHD-funded CCHD, Center for Developmental Science at the University of North Carolina at Chapel Hill and Center for Developmental Epidemiology at Duke University Medical Center, USA
- 2004 Ph.D., Human Development and Family Studies, Minor in Statistics
The Pennsylvania State University, USA
- 2002 M.S., Human Development and Family Studies
The Pennsylvania State University, USA
- 1998 Exchange Scholar, Psychology, Université Paul Valéry, Montpellier, France
- 1998 Vordiplom (B.Sc.), Psychology, Friedrich-Schiller-Universität Jena, Germany

RESEARCH INTERESTS

- Development of stress-related mental health conditions (e.g., depression, anxiety)
- Risk and resilience from childhood to adulthood
- Substance use from adolescence to adulthood
- Integrating models of psychosocial and biological risk
- Sex differences in development

RESEARCH FUNDING

- 2025–28 Swiss National Science Foundation Ribeaud (PI)
Zurich Project on Social Development from Childhood to Adulthood
(z-proso): Phase VII; Swiss Infrastructure Project of National or International
Importance; SNSF #229647
Role: Co-Principal Investigator

Amount Awarded: CHF 1,000,000 total direct costs

2023–26	Swiss National Science Foundation <i>Cognitive Sequela of Adolescent Recreational Substance Use</i> SNF #214979	Quednow (PI)
	<u>Role:</u> Co-Principal Investigator/Project Partner; CHF 582,399 total direct costs	
2023–26	University of Zurich “TRANSFORM” grant UZH Population Research Center	
	<u>Role:</u> Founding Member; Executive Committee Member; CHF 2,000,000	
2021–24	Swiss National Science Foundation <i>Zurich Project on Social Development from Childhood to Adulthood</i> (z-proso): Phase VI; Swiss National Research Infrastructure grant SNF #198052	Ribeaud (PI)
	<u>Role:</u> Co-Principal Investigator; CHF 1,000,000 total direct costs	
2021–23	Health Research Board, Ireland <i>Growing up in a Pandemic: Trajectories of Mental Health from Childhood to Early Adulthood in the Context of COVID-19</i>	MacMillan (PI)
	<u>Role:</u> Research Collaborator	
2021–26	National Institute on Aging, R01AG072459 <i>The Great Smoky Mountains Study of Rural Aging (GSMS-RA)</i>	Copeland (PI)
	<u>Role:</u> Consultant	
2020–24	Swiss National Science Foundation <i>Substance Use and Stress in Young Adulthood; SNF #189008</i>	Shanahan (PI)
	<u>Role:</u> Principal Investigator; CHF 468,351 total direct costs	
2018–24	National Institute of Mental Health, R01MH117559 <i>Diseases of Despair in Young Adulthood: Risk, Resilience, and Prevention</i>	Copeland (PI)
	<u>Role:</u> Co-Investigator/Consultant; \$1,813,264 total direct and indirect costs	
2018–23	H2020 Research and Innovation Program European Horizon <i>Dynamic Modeling of Resilience (DynaMORE)</i>	Kalisch (PI)
	<u>Role:</u> Co-Investigator of University of Zurich subcontract (Kleim, PI): <i>Development of Ecological Momentary Interventions for Resilience</i> €6,069,015 across 12 sites	
2016–21	Canadian Institutes of Health Research <i>Multimorbidity in Children and Youth Across the LIFEcourse (MY LIFE) Study</i>	Ferro (PI)
	<u>Role:</u> Co-Investigator; \$1,238,491	
2014–20	National Institute of Child Health and Human Development R01HD078346	Shanahan (PI)

Pathways from Childhood Self-Regulation to Cardiovascular Risk in Adolescence

Role: Principal Investigator until relocation to UZH, then transfer of PI-ship to Laurie Wideman; \$3,626,007 total direct and indirect costs awarded

- 2014–18 National Institute on Drug Abuse, R01DA036523 Shanahan (PI)
Early Substance Use in Rural American Indian and White/Anglo Youth
Role: Principal Investigator until relocation to UZH, then transfer of PI-ship to William E. Copeland; \$691,531 total direct and indirect costs
- 2011–14 National Institute of Mental Health, R03MH094605 Shanahan (PI)
Pathways to Anxiety Disorders: Adversity, Immune Function, and HPA-Axis Activity
Role: Principal Investigator; \$145,750 total direct and indirect costs
- 2010–15 National Institute of Mental Health, R01MH058144 Calkins (PI)
Developmental Trajectories of Early Behavior Problems, Phase III
Role: Co-Investigator; \$2,527,546 total direct and indirect costs awarded
- 2009–2016 National Institute of Child Health and Human Development
T32HD007376 Cox, Hussong, Ornstein, Shanahan, M. (PIs)
Human Development: Interdisciplinary Research Training Grant
Role: Faculty Mentor; Executive Committee Member (2014-2016)
- 2009–10 UNC-G New Faculty Grant Shanahan (PI)
Siblings' Shared and Nonshared Experiences of Psychosocial Risk
Role: Principal Investigator; \$5,000 total direct costs
- 2009 UNC-G Summer Excellence Grant Shanahan (PI)
Siblings' Shared and Nonshared Experiences of Psychosocial Risk
Role: Principal Investigator; \$5,000 total direct costs

Recent Mentored Grants for Trainees

- 2024–25 The São Paulo Research Foundation, FAPESP doctoral exchange program
The Role of the School Environment in Influencing Adolescent Risk Behaviors in São Paulo, Brazil; Zurich, Switzerland; and Montevideo, Uruguay.
Recipient: César Donizetti Luquine Júnior; Supervisors: Dr. Denis Ribeaud, Prof. Maria Fernanda Tourinho Peres, Prof. Lilly Shanahan
- 2022–26 Swiss National Science Foundation Doc.CH doctoral fellowship
Prevalence of and Pathways to Non-Medical Use of Prescription Medications Among Adolescents and Young Adults in Urban Switzerland
Recipient: Michelle Loher; Primary Supervisor: Prof. Lilly Shanahan
Amount Awarded: CHF 233,009 + CHF 19,054 (for doc.mobility to USA)
- 2022 Scottish Funding Council, Saltire Emerging Researcher Programme
European Exchanges; Scottish Graduate School of Social Science

Recipient: Samuel Henry from University of Edinburgh; Supervisors: Prof. Aja Murray, Dr. Denis Ribeaud & Prof. Lilly Shanahan

- 2021 University of Zurich Graduate School Start-Up Stipend (“Anschubstipendium”)
Prevalence of and Pathways to Non-Medical Use of Prescription Medications Among Adolescents and Young Adults in Urban Switzerland
Recipient: Michelle Loher; Primary Supervisor: Prof. Lilly Shanahan
Amount Awarded: CHF 20,000

BIBLIOGRAPHY

Publications (see also: <https://scholar.google.com/citations?user=gOY6OMEAAAAJ&hl=en>)

‘**’ = post-baccalaureate, doctoral, post-doctoral, or other early career collaborator at time of manuscript preparation

‘○’ = shared last authorship

Impact factor in year of publication (or paper acceptance) when available, obtained from Clarivate.

150. Eggenberger*, L., Janousch*, C., Johnson-Ferguson*, L., Baumgartner, M. R., Binz, T. M., Ribeaud, D., Eisner, M., **Shanahan**○, L., & Quednow○, B. B. (in press). Something is not nothing: Hair-tested substance use and cognitive functions in a large community sample of young adults. *European Psychiatry*. · 6.7 IF.
149. Janousch*, C., Vock, F., Winter*, B. L., Hässler, T., Eggenberger*, L., Bechtiger*, L., Ribeaud, D., Loher, M., Binz, T., Baumgartner, M. R., Ribeaud, D., Eisner, M., Quednow○, B. B., & **Shanahan**○, L. (2026). How do substance and polysubstance use trajectories differ by sexual attraction from ages 17–24? *BMJ Public Health*. ·
148. Haag*, C., Bürgin*, D., Büeler*, L. A., Janousch*, C., Bechtiger*, L., Ribeaud, D., Eisner, M., **Shanahan**○, L., & von Wyl○, V. (2026). Thinking about tomorrow: A population-based natural language processing analysis of young adults’ hopes and worries about the future. *Journal of Affective Disorders*. · 4.9 IF.
<https://doi.org/10.1016/j.jad.2026.121221>
147. Bechtiger*, L. Bürgin*, D., Vasconcelos*, G. F., Ribeaud, D., Eisner, M., & **Shanahan**, L. (2026). Physical aggression toward parents from ages 11 to 24: Prevalence trajectory and risk and protective factors. *European Child and Adolescent Psychiatry*. · 4.9 IF. <https://doi.org/10.1007/s00787-025-02953-w>
- For news and social media coverage, for example, by SRF Tagesschau, SRF Radio, NZZ, Deutschlandfunk Nova, and more, see:
<https://link.springer.com/article/10.1007/s00787-025-02953-w/metrics>
146. Murray, A. L., Zhu*, X., Xiao*, T., **Shanahan**, L., Eisner, M., Sonuga-Barke, E., & Ribeaud, D. (2025). Emotions following social media use and their relations to mental health in young people: An ecological momentary assessment study. *Journal of Affective Disorder*. · 4.9 IF. <https://doi.org/10.1016/j.jad.2025.121015>

145. Janousch*, C., Grob, U., Eggenberger*, L., Johnson-Ferguson*, L., Ribeaud, D., Eisner, M., **Shanahan**°, L., & Quednow°, B. B. (2025). A fine-grained longitudinal study of adolescent cannabis use and its relation to cognitive performance in young adulthood. *International Journal of Mental Health and Addiction*. · 2.5 IF. <https://doi.org/10.1007/s11469-025-01604-0>
144. Loher, M., Jang, J. B., Quednow, B. B., **Shanahan**, L., & Patrick, M. E. (2025). Concurrent alcohol and marijuana use patterns among high school seniors in the United States. *Journal of Drug Issues*. · 2.5 IF. <https://doi.org/10.1177/00220426251394640>
143. Johnson-Ferguson*, L., Loher*, M., Bechtiger*, L., Janousch*, C., Baumgartner, M. R., Binz, T. M., Ribeaud, D., Eisner, M., Quednow°, B. B., & **Shanahan**°, L. (2025). Cannabis use is associated with changes in psychological and functional well-being during young adulthood: Evidence from self-reports and hair analysis. *Psychological Medicine*, 55, e246. · 5.5 IF. <https://doi.org/10.1017/S003329172510144X>.
142. Copeland, W. E., Prytherch, S., Rothenberg, W. A., Godwin, J. W., Gaydos, L., Gutin, I., Tong, G., & **Shanahan**, L. (2025). Impact of young adult life transitions on adult mental health problems: A propensity score analysis. *Psychological Medicine*, 55, e152. · 5.5 IF. <https://doi.org/10.1017/S0033291725001072>
141. Gaydos, L., Kelly, A., Gutin, I., **Shanahan**, L., Godwin, J., Harris, K. M., & Copeland, W. E. (2025). The role of despair in predicting self-constructive behavior. *Population Research & Policy Review*, 44(33). · 1.5 IF. <https://doi.org/10.1007/s11113-025-09952-4>
140. Janousch*, C., Eggenberger*, L., Steinhoff, A., Johnson-Ferguson*, L., Bechtiger*, L., Loher*, M., Ribeaud, D., Eisner, M., Baumgartner, M. R., Binz, T. M., **Shanahan**°, L., & Quednow°, B. B. (2025). Words versus strands: Reliability and stability of concordance rates of self-reported and hair-analyzed substance use of young adults over time. *European Addiction Research*, 31(1), 60–74. · 2.8 IF. <https://doi.org/10.1159/000541713>
- For news and social media coverage, for example, by Swiss Radio and Television (SRF), see: <https://karger.altmetric.com/details/170940912/news>
139. Marciniak*, M. A., Homan, S., Zerban, M., Schrade, G., Yuen, K. S. L., Kobylińska, D., Wieser, M. J., Walter, H., Hermans, E. J., **Shanahan**, L., Kalisch, R., & Kleim, B. (2025). Positive cognitive reappraisal flexibility is associated with lower levels of perceived stress. *Behaviour Research and Therapy*, 183, 104653. · 4.2 IF. <https://doi.org/10.1016/j.brat.2024.104653>
138. Bechtiger*, L., Steinhoff*, A., Dollar, J., Keane, S. P., Calkins, S. D., & **Shanahan**, L. (2025). Developmental cascades from maternal depressive symptoms in childhood to adolescents' friendship quality: A 13-year longitudinal study. *Developmental Psychology*, 61(8), 1531–1546. · 3.1 IF <https://doi.org/10.1037/dev0001834>

137. Steinhoff*, A., Bechtiger*, L., Birchler*, K., Ribeaud, D., Eisner, M., Quednow, B. B., & **Shanahan, L.** (2025). Cannabis use from early adolescence to the mid-twenties in children of immigrant and nonimmigrant parents: Findings from a prospective longitudinal cohort study. *International Journal of Mental Health and Addiction*, 23, 4401–4420. · 3.2 IF <https://doi.org/10.1007/s11469-024-01359-0>
136. Loher*, M., Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., **Shanahan, L.**, & Quednow, B. B. (2025). Disentangling the effects of self-control and the use of tobacco and cannabis on violence perpetration from childhood to early adulthood. *European Child and Adolescent Psychiatry*, 34(3), 1063–1074. · 6.0 IF <https://doi.org/10.1007/s00787-024-02536-1>
135. Copeland, W. E., Keen*, R., Tong, G., & **Shanahan, L.** (2024). Negative life events and emotional symptoms from ages 2 to 30 years. *JAMA Network Open*, 7(8), Article e2429448. · 10.5 IF <https://doi.org/10.1001/jamanetworkopen.2024.29448>
- *Featured in editorial: “Developmental timing of adversity and mental health across the lifespan—Time to rethink sensitive periods?” by Ran Barzilay.*
134. **Shanahan, L.**, Steinhoff, A., Ribeaud, D., & Eisner, M. (2024). The role of early adolescence in subsequent risk and resilience. *Journal of Early Adolescence*, 44(9), 1097–1123. · 2.0 IF <https://doi.org/10.1177/02724316241271381>
133. Steinhoff*, A., Ferguson-Johnson*, L., Bechtiger*, L., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2024). Early adolescent predictors of young adults’ stress experiences and coping during the COVID-19 pandemic: Findings from a longitudinal cohort study. *Journal of Early Adolescence*, 44(9), 1250–1280. · 2.0 IF <https://doi.org/10.1177/02724316231181660>
132. Massaccesi*, C., Johnson-Ferguson*, L., Zimmermann*, J., Ehlert*, A., Baumgartner, M. R., Binz, T. M., Ribeaud, D., Eisner, M., **Shanahan, L.**, Rauhut, H., & Quednow, B. B. (2024). No evidence for an association of testosterone and cortisol hair concentrations with social decision-making in a large cohort of young adults. *Social Cognitive and Affective Neuroscience*, 19(1), nsae090. · 3.9 IF. <https://doi.org/10.1093/scan/nsaf002>
131. Ehlert*, A., Zimmermann*, J., Johann*, D., Ribeaud, D., Eisner, M., Baumgartner, M. R., **Shanahan, L.**, Rauhut, H., & Quednow, B. B. (2024). Substance use-related alterations of social decision making in a longitudinal cohort of young adults. *Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*, 9(10), 1058–1065. · 5.7 IF <https://doi.org/10.1016/j.bpsc.2024.06.014>
130. Rothenberg, W. A., Godwin, J. W., Copeland, W. E., **Shanahan, L.**, Gaydosh, L., Gutin, I., & Coltrane, A. (2024). Taking John Schulenberg’s “long view” on successful transitions to adulthood: Associations with adult substance use. *Journal of Research on Adolescence*, 34, 1155–1171. · 4.6 IF <https://doi.org/10.1111/jora.12976>
129. Nivette, A., Bechtiger*, L., Ribeaud, D., **Shanahan, L.**, & Eisner, M. (2024). Assessing the effect of first-time police contact on internalizing problems among youth in

- Zurich, Switzerland: A quasi-experimental analysis. *Journal of Youth and Adolescence*, 53(8), 1711–1727. · 3.7 IF <https://doi.org/10.1007/s10964-024-01986-9>
128. Marciniak*, M. A., **Shanahan, L.**, Yuen, K. S. L., Veer, I. M., Walter, H., Tüscher, O., Kobylińska, D., Kalisch, R. Hermans, E., Binder, H., & Kleim, B. (2024). Burst versus continuous delivery design in digital mental health interventions: Evidence from a randomized clinical trial. *Digital Health*, 10, 1–14. · 2.9 IF <https://doi.org/10.1177/20552076241249267>
127. Johnson-Ferguson*, L., **Shanahan, L.**, Loher*, M., Bechtiger*, L., Binz, T. M., Baumgartner, M. R., Ribeaud, D., Eisner, M., & Quednow, B. B. (2024). Higher paracetamol levels are associated with elevated glucocorticoid concentrations in hair: Findings from a large cohort of young adults. *Archives of Toxicology*, 98(7), 2261–2268. · 4.8 IF <https://doi.org/10.1007/s00204-024-03747-w>
126. McNeil, J., Berry, N. T., Dollar, J. M., Shriver, L. H., Keane, S. P., **Shanahan, L.**, & Wideman, L. (2024). Associations of actigraphy-assessed sleep variables with adiposity and serum cardiometabolic outcomes in emerging adults. *Journal of Sleep Research*, 33(2), Article e14068. · 3.4 IF <https://doi.org/10.1111/jsr.14068>
125. Ferro, M., Chan, C. K. Y., Lipman, E. L., Van Lieshout, R. J., **Shanahan, L.**, & Gorter, J. W. (2024). Continuity of mental disorders in children with chronic physical illness. *European Child & Adolescent Psychiatry*, 33, 3593–3602. · 6.0 IF <https://doi.org/10.1007/s00787-024-02420-y>
124. McNeil, J., Berry, N. T., Dollar, J. M., Shriver, L. H., Keane, S. P., **Shanahan, L.**, & Wideman, L. (2024). Cross-sectional associations of actigraphy-assessed sleep with dietary outcomes in emerging adults. *European Journal of Clinical Nutrition*, 78(5), 420–426. · 4.7 IF <https://doi.org/10.1038/s41430-024-01417-9>
123. Copeland, W. E., Tong, G., **Shanahan, L.**, Rothenberg, W. A., Lansford, J. E., Godwin, J., Rybińska, A., Odgers, C. L., & Dodge, K. A. (2024). Intergenerational effects of a family cash transfer on the home environment. *Journal of the American Academy of Child and Adolescent Psychiatry*, 63(3), 336–344. · 13.3 IF <https://doi.org/10.1016/j.jaac.2023.08.001>
122. **Shanahan, L.**, & Copeland, W. E. (2024). Commentary: Integrative, multi-level explanatory models are needed to understand recent trends in sex, gender, and internalizing conditions, reflections on Keyes and Platt (2023). *Journal of Child Psychology and Psychiatry*, 65(2), 408–412. · 7.6 IF <https://doi.org/10.1111/jcpp.13957>
- *Invited commentary* on annual research review by Keyes and Platt (2023). *Journal of Child Psychology and Psychiatry*.
121. McNeil, J., Berry, N. T., Dollar, J. M., Shriver, L.H., Keane, S. P., **Shanahan, L.**, & Wideman, L. (2024). Associations of actigraphy-assessed sleep variables with adiposity and serum cardiometabolic outcomes in emerging adults. *Journal of Sleep Research*, 33(2), Article e14068. · 4.4 IF <https://doi.org/10.1111/jsr.14068>

120. Copeland, W. E., Halvorson-Phelan*, J., McGinnis, E., & **Shanahan, L.** (2023). Adult mental health, substance use disorders, and functional outcomes of children resilient to early adversity. *American Journal of Psychiatry*, 180(2), Article 12. · 17.7 IF <https://doi.org/10.1176/appi.ajp.20230038>
- *Featured in editorial: “Resilience isn’t found in trauma, but it may be found in other life experiences” by Cavan V. Bonner and Brent W. Roberts.*
 - *For news and social media coverage, see: <https://psychiatryonline.altmetric.com/details/156420541>*
119. Ferro, M. A., Dol*, M., Patte, K. A., Leatherdale, S. T., & **Shanahan, L.** (2023). Self-concept in adolescents with physical-mental comorbidity. *Journal of Multimorbidity and Comorbidity*, 13. <https://doi.org/10.1177/26335565231211475>
118. Marciniak*, M. A., **Shanahan, L.**, Myin-Germeys, I., Veer, I. M., Yuen, K. S. L., Binder, H., Walter, H., Hermans, E. J., Kalisch, R., & Kleim, B. (2023). Imager – A mobile health mental imagery-based ecological momentary intervention targeting reward sensitivity: A randomized controlled trial. *Applied Psychology Health and Well-Being*, 16(2), 576–596. <https://doi.org/10.1111/aphw.12505>
117. Vock*, F., Johnson-Ferguson*, L., Bechtiger*, L., Stulz, N., von Felten, J., Eisner, M., Hepp, U., Ribeaud, D., **Shanahan, L.**, & Quednow, B. B. (2023). Substance use in sexual minority youth: prevalence in an urban cohort. *Child and Adolescent Psychiatry and Mental Health*, 17(1), Article 109. · 5.6 IF <https://doi.org/10.1186/s13034-023-00657-0>
116. Johnson-Ferguson*, L., **Shanahan, L.**, Bechtiger*, L., Steinhoff*, A., Zimmermann*, J., Baumgartner, M. R., Binz, T., Eisner, M., Ribeaud, D., & Quednow, B. B. (2023). Association of psychoactive substances and steroid hormones in hair: Findings relevant to stress research from a large cohort of young adults. *Psychoneuroendocrinology*, 157, Article 106369. · 3.7 IF <https://doi.org/10.1016/j.psyneuen.2023.106369>
115. Zuber*, S., Bechtiger*, L., Bodelet*, J. S., Golin*, M., Heumann*, J., Kim*, J. H., Klee*, M., Mur*, J., Noll, J., Voll, S., O’Keefe*, P., Steinhoff*, A., Zölit, U., Muniz-Terrera, G., **Shanahan, L.**, Shanahan, M. J., & Hofer, S. M. (2023). An integrative approach for the analysis of risk and health across the life course: Challenges, innovations, and opportunities for life course research. *Discover Social Science and Health*, 3(1), Article 14. <https://doi.org/10.1007/s44155-023-00044-2>
114. **Shanahan, L.**, & Copeland, W. E. (2023). A deadly drop in rankings: How the US was left behind in life expectancy trends. *American Journal of Public Health*, 113(9), 961–963. · 12.7 IF <https://doi.org/10.2105/AJPH.2023.307367>
- *Invited editorial on: Woolf, S. (2023). Falling behind: The growing gap in life expectancy between the United States and other countries, 1933–2021. American Journal of Public Health.*

113. McGinnis, E. W., Halvorson-Phelan*, J., **Shanahan, L.**, Tong, G., & Copeland, W. E. (2023). Parental supervision positively impacts children's economic prospects two decades later: A prospective longitudinal study. *PLOS One*, *18*(5), Article e0286218. · 3.7 IF <https://doi.org/10.1371/journal.pone.0286218>
112. **Shanahan, L.**, Johnson-Ferguson*, L., Loher*, M., Steinhoff*, A., Bechtiger*, L., Murray, A., Hepp, U., Ribeaud, D., & Eisner, M. (2023). The worst and the best: New insights into risk and resilience in young adults from the COVID-19 pandemic. *Adversity and Resilience Science*, *4*(3), 291–305. <https://doi.org/10.1007/s42844-023-00096-y>
111. Marciniak*, M. A., **Shanahan, L.**, Binder, H., Kalisch, R., & Kleim, B. (2023). Positive prospective mental imagery characteristics in young adults and their associations with depressive symptoms. *Cognitive Therapy and Research*, *47*(4), 695–706. · 2.8 IF <https://doi.org/10.1007/s10608-023-10378-5>
110. Rodríguez-Ruiz*, J., Zych, I., Ribeaud, D., Steinhoff, A., Eisner, M., Quednow, B. B., & **Shanahan, L.** (2023). The influence of different dimensions of the parent-child relationship in childhood as longitudinal predictors of substance use in late adolescence. The mediating role of self-control. *International Journal of Mental Health and Addiction*. Advance online publication. · 8.0 IF <https://doi.org/10.1007/s11469-023-01036-8>
109. Gutin*, I., Copeland, W. E., Godwin, J., Harris, K. M., **Shanahan, L.**, & Gaydos, L. (2023). Defining despair: Assessing the multidimensionality of despair and its association with suicidality and substance use in early to middle adulthood. *Social Science & Medicine*, *320*, Article 115764. · 5.4 IF <https://doi.org/10.1016/j.socscimed.2023.115764>
108. Steinhoff*, A., **Shanahan, L.**, Bechtiger*, L., Zimmermann*, J., Ribeaud, D., Eisner, M., Baumgartner, M. R., & Quednow, B. B. (2023). When substance use is underreported: comparing self-reports and hair toxicology in an urban cohort of young adults. *Journal of the American Academy of Child and Adolescent Psychiatry*, *62*(7), 791–804. · 13.3 IF <https://doi.org/10.1016/j.jaac.2022.11.011> **(ESI Highly Cited Paper)**
- *Featured in editorial: "Inconclusive (or "elusive"): Concordance between substance use self-report and toxicology for diverse youth populations" by Lisa Fortuna and Kara Bagot.*
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41. Nelson*, J. A., Perry*, N. B., O’Brien, M., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2016). Mothers’ and fathers’ reports of their supportive responses to their children’s negative emotions over time. *Parenting: Science and Practice*, 16(1), 56–62. · 2.2 IF <https://doi.org/10.1080/15295192.2016.1116895>
40. Blair*, B. L., Perry*, N. B., O’Brien, M., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2015). Identifying developmental cascades among differentiated dimensions of social competence and emotion regulation. *Developmental Psychology*, 51(8), 1062–1073. · 3.1 IF <https://doi.org/10.1037/a0039472>
39. Copeland, W. E., Wolke, D., **Shanahan, L.**, & Costello, E. J. (2015). Adult functional outcomes of common childhood psychiatric problems: A prospective longitudinal study. *JAMA Psychiatry*, 72(9), 892–899. · 14.4 IF <https://doi.org/10.1001/jamapsychiatry.2015.0730> **(ESI Highly Cited Paper)**
- *Featured in editorial: “Why are children who exhibit psychopathology at high risk for psychopathology and dysfunction in adulthood?” by Benjamin Lahey.*
 - *Featured in > 52 media outlets in July 2015, including FOXNews, National Public Radio USA, Reuters, Time Magazine, Science Daily, Triad Business Journal, USA Today.*
38. **Shanahan, L.**, Zucker, N., Copeland, W. E., Bondy*, C. L., Egger, H. L., & Costello, E. J. (2015). Childhood somatic complaints predict generalized anxiety and depressive disorders during young adulthood in a community sample. *Psychological Medicine*, 45(8), 1721–1730. · 5.5 IF <https://doi.org/10.1017/S0033291714002840>
37. Mackler*, J. S., Kelleher*, R. T., **Shanahan, L.**, Calkins, S. D., Keane, S. P., & O’Brien, M. (2015). Parenting stress, parental reactions, and externalizing behavior from ages 4 to 10. *Journal of Marriage and Family*, 77(2), 388–406. · 1.9 IF **(ESI Highly Cited Paper)** <https://doi.org/10.1111/jomf.12163>
36. Copeland, W. E., **Shanahan, L.**, Davis, M., Burns, B. J., Angold, A., & Costello, E. J. (2015). Increases in untreated cases of psychiatric disorders during the transition to adulthood. *Psychiatric Services*, 66(4), 397–403. · 2.3 IF <https://doi.org/10.1176/appi.ps.201300541>
35. **Shanahan, L.**, Calkins, S., Keane, S. P., Kelleher*, R., & Suffness*, R. (2014). Trajectories of internalizing symptoms across childhood: The roles of biological self-regulation and maternal psychopathology. *Development and Psychopathology*, 26(4pt2), 1353–1368. · 3.2 IF <https://doi.org/10.1017/S0954579414001072>
34. **Shanahan, L.**, Zucker, N., Copeland, W. E., Costello, E. J., & Angold, A. (2014). Are children and adolescents with food allergies at increased risk for psychopathology?

Journal of Psychosomatic Research, 77(6), 468–473. · 2.7 IF

<https://doi.org/10.1016/j.jpsychores.2014.10.005>

33. Copeland, W. E., Wolke, D. E., Lereya*, S. T., **Shanahan, L.**, & Costello, E. J. (2014). Childhood bullying involvement predicts low-grade systemic inflammation into adulthood. *Proceedings of the National Academy of Sciences*, 111(21), 7570–7575. · 9.7 IF <https://doi.org/10.1073/pnas.1323641111>
32. Morris*, N., Keane, S. P., Calkins, S., **Shanahan, L.**, & O'Brien, M. (2014). Different components of reactivity and attentional control predict externalizing behaviors. *Journal of Applied Developmental Psychology*, 35(3), 121–127. · 1.2 IF <https://doi.org/10.1016/j.appdev.2014.02.002>
31. **Shanahan, L.**, Copeland, W. E., Angold, A., Bondy*, C. L., & Costello, E. J. (2014). Sleep problems predict and are predicted by generalized anxiety/depression and oppositional defiant disorder. *Journal of the American Academy of Child and Adolescent Psychiatry*, 53(5), 550–558. · 7.3 IF <https://doi.org/10.1016/j.jaac.2013.12.029>
30. Copeland, W. E., **Shanahan, L.**, Egger, H. L., Costello, E. J., & Angold, A. (2014). Adult diagnostic and functional outcomes of DSM-5 disruptive mood dysregulation disorder. *American Journal of Psychiatry*, 171(6), 668–674. · 12.3 IF <https://doi.org/10.1176/appi.ajp.2014.13091213>
29. **Shanahan, L.**, Freeman*, J. A., & Bauldry*, S. (2014). Is very high C-reactive protein in young adults associated with indicators of chronic disease risk? *Psychoneuroendocrinology*, 40, 76–85. · 4.9 IF <https://doi.org/10.1016/j.psyneuen.2013.10.019>
28. Copeland, W. E., Angold, A., **Shanahan, L.**, & Costello, E. J. (2014). Longitudinal patterns of anxiety from childhood to adulthood: The Great Smoky Mountains Study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 53(1), 21–33. · 7.3 IF <https://doi.org/10.1016/j.jaac.2013.09.017>
27. **Shanahan, L.**, Bauldry*, S., Freeman*, J. A., & Bondy*, C. L. (2014). Self-rated health and C-reactive protein in young adults. *Brain, Behavior, and Immunity*, 36, 139–146. · 5.9 IF <https://doi.org/10.1016/j.bbi.2013.10.020>
26. Copeland, W. E., **Shanahan, L.**, Erkanli, A., Costello, E. J., & Angold, A. (2013). Indirect comorbidity in childhood and adolescence. *Frontiers in Psychiatry*, 4, Article 144. <https://doi.org/10.3389/fpsy.2013.00144>
25. Blair*, B. L., Perry*, N. B., O'Brien, M., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2013). The indirect effects of maternal emotion socialization on friendship quality in middle childhood. *Developmental Psychology*, 50(2), 566–576. · 3.8 IF <https://doi.org/10.1037/a0033532>

24. **Shanahan, L.**, Copeland, W. E., Worthman, C., Angold, A., & Costello, E. J. (2013). Children with both asthma and depression are at risk for heightened inflammation. *Journal of Pediatrics*, 163(5), 1443–1447. · 3.7 IF
<https://doi.org/10.1016/j.jpeds.2013.06.046>
 - *Featured in several media outlets in August 2013.*
23. Costello, E. J., Copeland, W. E., **Shanahan, L.**, Worthman, C., & Angold, A. (2013). C-reactive protein and the development of substance use disorders: A prospective analysis. *Drug and Alcohol Dependence*, 133(2), 712–717. · 3.3 IF
<https://doi.org/10.1016/j.drugalcdep.2013.08.027>
22. **Shanahan, L.**, Copeland, W. E., Worthman, C., Erkanli, A., Angold, A., & Costello, E. J. (2013). Sex-differentiated changes in C-reactive protein from ages 9 to 21: The contributions of BMI and physical/sexual maturation. *Psychoneuroendocrinology*, 38(10), 2209–2217. · 5.6 IF <https://doi.org/10.1016/j.psyneuen.2013.04.010>
21. Copeland, W. E., **Shanahan, L.**, Worthman, C., Angold, A., & Costello, E. J. (2012). Generalized anxiety and C-reactive protein levels: A prospective, longitudinal analysis. *Psychological Medicine*, 42(12), 2641–2650. · 5.6 IF
<https://doi.org/10.1017/S0033291712000554>
20. Copeland, W. E., **Shanahan, L.**, Worthman, C., Angold, A., & Costello, E. J. (2012). Cumulative depressive episodes predict later C-reactive protein levels: A prospective analysis. *Biological Psychiatry*, 71(1), 15–21. · 9.2 IF
<https://doi.org/10.1016/j.biopsych.2011.09.023>
 - *Featured in editorial: “Depression and inflammation: An intricate relationship” by Robert Dantzer.*
19. Copeland, W. E., Angold, A., **Shanahan, L.**, Dreyfuss*, J., Dlamini*, I., & Costello, E. J. (2012). Predicting persistent alcohol problems: A prospective analysis from the Great Smoky Mountains Study. *Psychological Medicine*, 42(9), 1923–1935. · 5.6 IF
<https://doi.org/10.1017/S0033291711002790>
18. **Shanahan, L.**, Copeland, W. E., Angold, A., & Costello, E. J. (2011). Child-, adolescent-, and young adult-onset depressions: Differential risk factors in development? *Psychological Medicine*, 41(11), 2265–2274. · 6.2 IF
<https://doi.org/10.1017/S0033291711000675>
17. Copeland, W. E., **Shanahan, L.**, Costello, E. J., & Angold, A. (2011). Cumulative prevalence of psychiatric disorders by young adulthood: A prospective cohort analysis from the Great Smoky Mountains Study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 50(3), 252–261. · 6.4 IF
<https://doi.org/10.1016/j.jaac.2010.12.014>
 - *Featured in editorial: “What is a case? New lessons from the Great Smoky Mountains Study” by Kathleen Ries Merikangas.*

16. Waite (Blane)*, E., **Shanahan, L.**, Calkins, S., Keane, S. P., & O'Brien, M. (2011). Life events, sibling warmth, and youth adjustment. *Journal of Marriage and Family*, 73(5), 902–912. · 2.0 IF <https://doi.org/10.1111/j.1741-3737.2011.00857.x>
15. **Shanahan, L.**, Waite (Blane)*, E., & Boyd*, T. (2011). Transformations in sibling relationships from adolescence to young adulthood. In B. Laursen & W. A. Collins (Eds.), *Relationship pathways: From adolescence to young adulthood* (pp. 43–66). SAGE Publications. <https://doi.org/10.4135/9781452240565>
14. Copeland, W. E., **Shanahan, L.**, Miller, S., Costello, E. J., Angold, A., & Maughan, B. (2010). Outcomes of early pubertal timing in young women: A prospective population-based study. *The American Journal of Psychiatry*, 167(10), 1218–1225. · 12.8 IF <https://doi.org/10.1176/appi.ajp.2010.09081190>
13. McGuire, S., & **Shanahan, L.** (2010). Sibling experiences in diverse family contexts. *Child Development Perspectives*, 4(2), 72–79. · 1.7 IF <https://doi.org/10.1111/j.1750-8606.2010.00121.x>
 - Reprinted in E. Junn & C. Boyatzis (2011). “Child growth and development 12/13.” McGraw Hill/Dushkin.
12. Barnett*, M., **Shanahan, L.**, Deng*, M., Haskett, M., & Cox, M. J. (2010). The interactive roles of parenting beliefs and parenting behaviors in the prediction of early childhood adjustment. *Parenting: Science and Practice*, 10(1), 43–59. · 0.6 IF <https://doi.org/10.1080/15295190903014604>
11. Copeland, W. E., **Shanahan, L.**, Costello, E. J., & Angold, A. (2009). Childhood and adolescent psychiatric disorders as predictors of young adult disorders. *Archives of General Psychiatry*, 66(7), 764–772. · 12.3 IF <https://doi.org/10.1001/archgenpsychiatry.2009.85>
10. Copeland, W. E., **Shanahan, L.**, Costello, E. J., & Angold, A. (2009). Configurations of common childhood psychosocial risk factors. *Journal of Child Psychology and Psychiatry*, 50(4), 451–459. · 5.0 IF <https://doi.org/10.1111/j.1469-7610.2008.02005.x>
9. **Shanahan, L.**, Copeland, W. E., Costello, E. J., & Angold, A. (2008). Specificity of putative psychosocial risk factors for psychiatric disorders in children and adolescents. *Journal of Child Psychology and Psychiatry*, 49(1), 34–42. · 4.9 IF <https://doi.org/10.1111/j.1469-7610.2007.01822.x>
8. **Shanahan, L.**, McHale, S. M., Crouter, A. C., & Osgood, D. W. (2008). Parents’ differential treatment and youth depressive symptoms and sibling relationships: Longitudinal linkages. *Journal of Marriage and the Family*, 70(2), 480–495. · 1.6 IF <https://doi.org/10.1111/j.1741-3737.2008.00495.x>
7. **Shanahan, L.**, Kim, J., McHale, S. M., & Crouter, A. C. (2007). Sibling similarities and differences in time use: A pattern-analytic, within-family approach. *Social*

Development, 16(4), 662–681. · 1.0 IF <https://doi.org/10.1111/j.1467-9507.2007.00410.x>

6. **Shanahan, L.**, McHale, S. M., Crouter, A. C., & Osgood, D. W. (2007). Warmth with mothers and fathers from middle childhood to late adolescence: Within- and between-families comparisons. *Developmental Psychology*, 43(3), 551–563. · 3.0 IF <https://doi.org/10.1037/0012-1649.43.3.551>
5. **Shanahan, L.**, McHale, S. M., Osgood, D. W., & Crouter, A. C. (2007). Conflict frequency with mothers and fathers from middle childhood to late adolescence: Within- and between-families comparisons. *Developmental Psychology*, 43(3), 539–550. · 3.0 IF <https://doi.org/10.1037/0012-1649.43.3.539>
4. McHale, S. M., Updegraff, K. A., **Shanahan, L.**, Crouter, A. C., & Killoren, S. E. (2005). Gender, culture, and family dynamics: Differential treatment of siblings in Mexican American families. *Journal of Marriage and the Family*, 67(5), 1259–1274. · 1.4 IF <https://doi.org/10.1111/j.1741-3737.2005.00215.x>
3. McHale, S. M., **Shanahan, L.**, Updegraff, K. A., Crouter, A. C., & Booth, A. (2004). Developmental and individual differences in girls' sex-typed activities in middle childhood and adolescence. *Child Development*, 75(5), 1575–1593. · 3.3 IF <https://doi.org/10.1111/j.1467-8624.2004.00758.x>
2. Shanahan, M. J., Hofer, S. M., & **Shanahan, L.** (2003). Biological models of behavior and the life course. In J. Mortimer & M. J. Shanahan (Eds.), *Handbook of the life course* (pp. 597–622). Plenum. https://doi.org/10.1007/978-0-306-48247-2_27
1. **Shanahan, L.**, & Sobolewski, J. M. (2003). Child effects as family process. In A. C. Crouter & A. Booth (Eds.), *Children's influence on family dynamics: The neglected side of family relationships* (pp. 237–252). Erlbaum.

Edited Volumes

Steinhoff*, A., **Shanahan, L.**, & Eisner, M. (Guest Eds.): The role of early adolescence in subsequent risk and resilience [Special Issue, 2004]. *The Journal of Early Adolescence*. https://journals.sagepub.com/pb-assets/cmscontent/JEA/JEA_CFP_Sep2021-1632175366677.pdf

Commissioned Reports

Leos-Toro*, C., **Shanahan, L.**, & Quednow, B. B. (2021). Impact of the COVID-19 crisis on addictive behaviors in the population and care for individuals experiencing substance use disorders. Commissioned by the Swiss Federal Office of Public Health / BAG. <https://t.co/APOsJMORHi>

PRESENTATIONS

Chaired Sessions and Invited Presentations

41. **Shanahan, L.** (2025). *Geschlechterunterschiede in der psychischen Gesundheit von der Kindheit bis ins junge Erwachsenenalter [Sex and gender differences in mental health from childhood to young adulthood]*. Keynote address at the 2nd annual meeting of the Network on Child and Youth Public Health Research of the Zurich University of Applied Science (ZHAW CYPHER). Zurich, Switzerland.
40. **Shanahan, L.** (2025). *Substanzkonsum vom Jugend- zum jungen Erwachsenenalter: Prävalenz, Risikofaktoren und Folgen des Konsums [Substance use from adolescence to young adulthood: prevalence, risk factors, and consequences of use]*. Keynote address at the annual "Annual Symposium on Youth [3-D Tagung: Kantonale Fachtagung Jugend] organized by the canton Basel-Landschaft. Muttenz, Switzerland.
39. **Shanahan, L.** (2025). *Risk and resilience from childhood to young adulthood*. Invited talk presented at the Psychology colloquium of the University of Bern. Bern, Switzerland.
38. **Shanahan, L.** (2025). Organizer and chair of paper symposium on *Family and social dynamics across the early lifespan and generations: Evidence from community-based prospective-longitudinal cohort studies*. Biennial Meeting of the European Society for Child and Adolescent Psychiatry. Strasbourg, France.
37. **Shanahan, L.** (2024). *Risiko und Resilienz im Jugend- und jungen Erwachsenenalter [Risk and resilience during adolescence and young adulthood]*. Invited talk presented at the Lucerne University of Applied Sciences and Arts.
36. **Shanahan, L.** (2023). *Risk and resilience in development*. Invited talk presented at the lunch colloquium of the UZH Population Research Center. Zurich, Switzerland.
35. **Shanahan, L.** (2023). *Cannabis use from adolescence into adulthood*. Plenary talk presented at the Annual Meeting of the Swiss Addiction Psychology Association. Zurich, Switzerland.
34. **Shanahan, L.** (2021). *Early mental and social well-being as a foundation for later health*. Plenary talk presented as the 6th stakeholder conference for the National Strategy for Non-Communicable Diseases, held by the Swiss Federal Office of Public Health / BAG.
33. **Shanahan, L.,** Steinhoff*, A., Bechtiger*, L., Leos-Toro*, C., Johnson-Ferguson*, L., Ribeaud, D., & Eisner, M. (2021). *Mental distress in young adults' during the COVID-19 pandemic: Evidence of risk and resilience from a longitudinal cohort study in Switzerland*. Invited paper presented at a virtual workshop of the UZH Competence Center for Mental Health (CCMH).
32. **Shanahan, L.,** Steinhoff*, A., Bechtiger*, L., Leos-Toro*, C., Johnson-Ferguson*, L., Ribeaud, D., & Eisner, M. (2020). *Risk and resilience in young adults' mental health during the COVID-19 pandemic*. Invited paper presented at a virtual workshop entitled "Consequences of COVID-19 for Child and Youth Development," jointly organized by the Jacobs Center at UZH and the Institute of Labor Economics (IZA).
31. **Shanahan, L.,** Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., & Quednow, B. B. (2020). *Frequent teenage cannabis use: Links with young adult psychopathology and*

- functional well-being in an urban cohort*. Invited paper presented at the project seminar, Psychiatric Hospital of University of Zurich.
30. **Shanahan, L., & Steinhoff*, A. (2019).** *Non-suicidal self-injury from adolescence to young adulthood*. Invited paper presented at the Spring Academy of the International Max Planck Research School on the Life Course (LIFE), Institute for Social Research, Ann Arbor Michigan.
 29. **Shanahan, L. (2019).** Organizer and chair of paper symposium on *Developmental influences on cardiometabolic risk in the early lifespan*. Biennial Meeting of the Society for Research on Child Development, Baltimore, MD.
 28. **Shanahan, L., Steinhoff*, A., Baumgartner, M. R., & Quednow, B. B. (2018).** *Stress and substance use in young adulthood*. Invited paper presented at the z-proso (Zurich Project on Social Development) Research Symposium, Zurich, Switzerland.
 27. **Steinhoff*, A., & Shanahan, L. (2018).** *Non-suicidal self-injury among adolescents in Switzerland*. Invited paper presented at the z-proso (Zurich Project on Social Development) Research Symposium, Zurich, Switzerland.
 26. **Shanahan, L. (2018).** *The emerging intersection of physical and mental health during the early life course*. Invited Public Inaugural Lecture at the University of Zurich, Switzerland.
 25. **Shanahan, L. (2017).** *Cannabis and opiates use in the early life-course: New insights from the Great Smoky Mountains Study*. Invited paper presented at the Fall Academy of the International Max Planck Research School on the Life Course (LIFE), University of Zurich, Switzerland.
 24. **Shanahan, L. (2016).** *The emerging intersection of physical and mental health during the early life course*. Invited paper presented at the Fall Academy of the International Max Planck Research School on the Life Course (LIFE), Max Planck Institute for Human Development, Berlin, Germany.
 23. **Shanahan, L. (2016).** *The emerging intersection of physical and mental health during the early life course*. Invited paper presented at the Offord Centre for Child Studies' Grand Rounds, McMaster University, Hamilton, Canada.
 22. **Shanahan, L. (2015).** Organizer of paper symposium on *Precursors, correlates and young adult sequelae of drug use during the early life course: Findings from prospective cohort studies in Australia, New Zealand, and the United States*. 15th Congress of the International Federation of Psychiatric Epidemiology, Bergen, Norway.
 21. **Shanahan, L. (2015).** *Developmental psychopathology and health in the early decades*. Invited paper presented at the Department of Psychology, University of Zurich, Switzerland.
 20. **Shanahan, L. (2015).** *The emerging intersection of physical and mental health during the early life course*. Invited paper presented at the Developmental Psychology colloquium series, University of Zurich, Switzerland.
 19. **Shanahan, L. (2015).** *The emerging intersection of physical and mental health during the early life course*. Invited paper presented at the Developmental Psychology Lunch Series, Duke University.

18. **Shanahan, L.** (2013). *The emerging intersection of physical and mental health during the early life course*. Invited paper presented at the Developmental Psychology Lunch Series, UNC-Chapel Hill.
17. **Shanahan, L.,** Copeland, W. E., Zucker, N., Angold, A., & Costello, E. J. (2013). *Do childhood somatic complaints predict later psychopathology?* Paper presented in plenary session at the 14th Congress of the International Federation of Psychiatric Epidemiology, Leipzig, Germany.
16. **Shanahan, L.** (2013). Co-Chair of paper symposium on *Time-trends, course, and long term outcomes of mental disorders in children and adolescents*. 14th Congress of the International Federation of Psychiatric Epidemiology, Leipzig, Germany.
15. **Shanahan, L.** (2013). Chair of poster session on *Mental health in childhood and adolescence*. 14th Congress of the International Federation of Psychiatric Epidemiology, Leipzig, Germany.
14. **Shanahan, L.** (2013). Chair of paper symposium on *New frontiers in studying early life adversity and immune responses across the lifespan*. Biennial Meeting of the Society for Research on Child Development, Seattle.
13. **Shanahan, L.** (2012). *Sex-differentiated change in C-reactive protein from ages 9 to 21*. Invited paper presented at the Health Disparities Seminar Series, University of North Carolina at Chapel Hill.
12. **Shanahan, L.** (2011). *Risk factors in the development of emotional disorders in the early lifespan*. Invited research colloquium presented at the University of North Carolina at Chapel Hill.
11. **Shanahan, L.** (2011). *Family risk factors and mental health in development*. Invited research colloquium presented at the University of Georgia, Athens.
10. Copeland, W. E., **Shanahan, L.,** & Costello, E. J. (2011). *Vulnerability to psychopathology: Interplay between stressors and biomarkers*. Invited paper presented at the Carolina Consortium on Human Development, University of North Carolina at Chapel Hill.
9. **Shanahan, L.,** & Copeland, W. E. (2011). Chair of paper symposium on *Adversity, immune responses, and emotional disorders in childhood and adolescence*. Biennial Meeting of the Society for Research on Child Development, Montreal, Canada.
8. **Shanahan, L.** (2011). *Risk factors and emotional disorders in development*. Invited paper presented at the Human Development and Family Studies Research Forum, UNC-Greensboro.
7. **Shanahan, L.** (2011). *Risk factors and emotional disorders in development*. Invited paper presented at the Developmental Psychology Lunch Series, UNC-Chapel Hill.
6. **Shanahan, L.,** & Copeland, W. E. (2009). Chair of paper symposium on *Dynamic models of risk and psychopathology*. Biennial Meeting of the Society for Research on Child Development, Denver, CO.
5. **Shanahan, L.,** Copeland, W. E., Costello, E. J., & Angold, A. (2008). *Are psychosocial risk factors for child-, adolescent-, and adult-onset depression distinct or similar?* Invited paper presented at the 11th Developmental Science Summer Institute, Jena, Germany.

4. **Shanahan, L.** (2008). *Understanding risk factors in the development of psychopathology*. Invited paper presented at the Human Development and Family Studies Research Forum, UNC-Greensboro.
3. **Shanahan, L.** (2007). *The development of psychopathology and within-family risk factors*. Invited research colloquium presented at the University of North Carolina at Greensboro.
2. **Shanahan, L.** (2005). Chair of paper symposium on *Ecologies of parental differential treatment of siblings*, Biennial Meeting of the Society for Research on Child Development, Atlanta, GA.
1. **Shanahan, L.** (2005). *Parental differential treatment of siblings in development*. Invited paper presented at the Developmental Psychology Lunch Series, UNC-Chapel Hill.

Additional Paper and Poster Presentations

139. Quednow, B. B., Eggenberger*, L., & **Shanahan, L.** (2025). *Psychiatric medication use in z-proso: Implications from self-reports and hair testing*. Paper presented at the Annual Meeting of the z-proso International Research Network, Cambridge, UK.
138. Eggenberger*, L., **Shanahan, L.**, & Quednow, B. B. (2025). *Patterns of change in illicit substance use during emerging adulthood and their cognitive and mental health outcomes*. Paper presented at the Annual Meeting of the z-proso International Research Network, Cambridge, UK.
137. Bechtiger*, L., Janousch*, C., Bürgin*, D., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2025). *Developmental transitions in physical family aggression*. Paper presented at the Annual Meeting of the z-proso International Research Network, Cambridge, UK.
136. Bechtiger*, L., Janousch*, C., Bürgin*, D., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2025). *Youth-to-parent aggression from ages 11 to 24: Prevalence, childhood predictors, and associations with parent-to-youth aggression*. Paper presented at the Biennial Meeting of the European Society for Child and Adolescent Psychiatry. Strasbourg, France.
135. Bürgin*, D., Haag*, C., Büeler*, L. A., Bechtiger*, L., Janousch*, C., Ribeaud, D., Eisner, M., von Wyl, V., & **Shanahan, L.** (2025). *Major life events from adolescence to young adulthood: A longitudinal natural language processing analysis of a large urban cohort*. Poster presented at the Biennial Meeting of the European Society for Child and Adolescent Psychiatry. Strasbourg, France.
134. Johnson-Ferguson*, L., Bechtiger*, L., Loher*, M., Janousch*, C., Binz, T. M., Baumgartner, M. R., Ribeaud, D., Eisner, M., Quednow, B. B., & **Shanahan, L.** (2024). *Frequent cannabis use and its link to psychopathological and functional outcomes within young adulthood: Insights from self-reports and hair data*. Poster presented at the Lisbon Addictions Conference, Lisbon, Portugal
133. Eggenberger*, L., Janousch*, C., Johnson-Ferguson*, L., Baumgartner, M. R., Binz, T. M., Ribeaud, D., Eisner, M., **Shanahan, L.**, & Quednow, B. B. (2024). *Recreational substance use and cognitive functions in young adults with hair testing*. Poster presented at the Lisbon Addictions Conference, Lisbon, Portugal
132. Janousch*, C., Eggenberger*, L., Steinhoff, A., Johnson-Ferguson*, L., Bechtiger*, L., Loher*, M., Ribeaud, D., Eisner*, M., Baumgartner*, M. R., Binz, T. M., **Shanahan, L.**, &

- Quednow, B. (2024). *Words versus strands: Reliability and stability of concordance rates of self-reported and hair-analyzed substance use of young adults over time*. Paper presented at the annual Lisbon Addictions Meeting, Lisbon, Portugal.
131. Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., Quednow, B. B., & **Shanahan, L.** (2024). *The role of positive transitions in young adults' well-being*. Paper to be presented at the Life History Research Society Conference, Montreal, Canada.
130. Bechtiger*, L., Steinhoff*, A., Dollar., J. M., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2024). *Developmental cascades from maternal depressive symptoms in childhood to adolescents' friendship quality: A 13-year longitudinal study*. Paper to be presented at the Life History Research Society Conference, Montreal, Canada.
129. Dollar, J., Bechtiger*, L., Wideman, L., Shriver, L., **Shanahan, L.**, Keane, S. P., & Calkins, S. D. (2024). *Pathways from childhood self-regulation to adolescent cardiometabolic risk: Indirect effects through adolescent health behaviors*. Paper presented at the Annual Meeting of the Society for Research on Adolescence, Chicago, MI.
128. Loher*, M., Ribeaud, D., Johnson-Ferguson*, L., Bechtiger*, L., Eisner, M., Quednow, B. B., & **Shanahan, L.** (2024). *Simultaneous polysubstance use in adolescents and young adults: Prevalence, patterns, and risk correlates*. Poster presented at the 7th Burghölzli Psychiatry Meeting, Zurich, Switzerland.
127. Johnson-Ferguson*, L., Bechtiger*, L., Loher*, M., Janousch*, C., Binz, T. M., Baumgartner, M. R., Ribeaud, D., Eisner, M., Quednow, B. B., & **Shanahan, L.** (2024). *Frequent cannabis use and its links to psychopathological and functional outcomes within young adulthood: Insights from self-reports and hair data*. Poster presented at the 7th Burghölzli Psychiatry Meeting, Zurich, Switzerland.
126. Eggenberger*, L., Janousch*, C., Ribeaud, D., Eisner, M., Baumgartner, M. R., **Shanahan, L.**, & Quednow, B. B. (2024). *Recreational substance use and cognitive functions in young adults*. Poster presented at the 7th Burghölzli Psychiatry Meeting, Zurich, Switzerland.
125. Janousch*, C., Eggenberger*, L., Johnson-Ferguson*, L., Loher*, M., Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., Baumgartner, M. R., **Shanahan, L.**, & Quednow, B. B. (2024). *Measuring substance use in young adults reliably: A longitudinal comparison of self-reports and hair analysis*. Poster presented at the 7th Burghölzli Psychiatry Meeting, Zurich, Switzerland.
124. Bechtiger*, L., Steinhoff*, A., Dollar., J. M., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2024). *Developmental cascades from maternal depressive symptoms in childhood to adolescents' friendship quality: A 13-year longitudinal study*. Paper presented at 5th annual Meeting of the Swiss Society of Early Childhood Research, St. Gallen, Switzerland.
123. Steinhoff*, A., Bechtiger*, L., Johnson-Ferguson*, L., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2023). *Emotional distress, self-harm, other-harm, and adaptive coping during the COVID-19 pandemic: A longitudinal study of trajectories and precursors*. Paper presented at the 20th International Congress of the European Society for Child and Adolescent Psychiatry, Copenhagen, Denmark.
122. Bechtiger*, B., Vasconcelos*, G., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2023). *Youth-to-parent physical aggression in adolescence and associations with parenting*

- behaviors*. Poster presented at the 20th International Congress of the European Society for Child and Adolescent Psychiatry, Copenhagen, Denmark.
121. Zuber*, S., Muniz-Terrera, G., **Shanahan, L.**, Shanahan, M. J., & Hofer, S. M. (2023). *Moving from single- to multi-study research to investigate life course trajectories: Why and how to*. Presented at the Center for the Interdisciplinary Study of Gerontology and Vulnerability (CIGEV) Research Day 2023 "Subjective Cognitive Decline (SCD) In Clinical Practice," Geneva, Switzerland.
 120. Nivette, A., Bechtiger*, L., Ribeaud, D., **Shanahan, L.**, & Eisner, M. (2023). *Assessing the effect of first-time police contact on internalizing problems among youth in Zurich, Switzerland: A quasi-experimental analysis*. Paper presented at the 23rd Annual Conference of the European Society of Criminology, Florence, Italy.
 119. Dollar, J., **Shanahan, L.**, Calkins, S. D., Keane, S. P., Shriver, L., & Wideman, L. (2023). *Pathways from childhood self-regulation to adolescent health behaviors: Indirect effects through psychosocial functioning*. Poster presented at the Society for Research on Child Development biennial meeting, Salt Lake City, Utah.
 118. Copeland, W. E., Tong, G., Gaydos, L., Hill, S., Godwin, J., **Shanahan, L.**, & Costello, E. J. (2023). *Twenty-year outcomes of a family cash transfer*. Paper presented at the Society for Research on Child Development biennial meeting, Salt Lake City, Utah.
 117. Ferro, M. A., Chan, C. K. Y., Lipman, E. L., Van Lieshout, R. J., Gorter, J. W., & **Shanahan, L.** (2023). A prospective study of mental comorbidity in children with chronic physical illness. Paper presented at the 16th Workshop on Cost and Assessment in Psychiatry, Venice, Italy.
 116. Steinhoff*, A., Johnson-Ferguson*, L., Ribeaud, D., Eisner, M., Quednow, B. B., & **Shanahan, L.** (2022). *Associations among stressful experiences, biologically manifested stress and self-injury in young adults from the community*. Paper presented at the Annual Meeting of Swiss Psychological Association, Zurich, Switzerland.
 115. Johnson-Ferguson*, L., **Shanahan, L.**, Zimmermann*, J., Bechtiger*, L., Steinhoff*, A., Baumgartner, M. R., Binz, T. M., Ribeaud, D., Eisner, M., & Quednow, B. B. (2022). *How hair keeps track: Associations between hair concentrations of psychoactive substances and steroid hormones*. Poster presented at the biennial meeting of the European Psychiatric Association Section in Epidemiology & Social Psychiatry, Cambridge, UK.
 114. Bechtiger*, L., Steinhoff*, A., Dollar, J. M., Keane, S. P., Calkins, S. D., Shriver, L., Wideman, L., & **Shanahan, L.** (2022). *Exposure to consistently high maternal depressive symptoms during childhood and young adult health risks: Preliminary findings*. Poster presented at the biennial meeting of the European Psychiatric Association Section in Epidemiology & Social Psychiatry, Cambridge, UK.
 113. Bechtiger*, L., Ferolla Vasconcelos*, G., Leos-Toro*, C., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2022). *Youth-to-parent aggression: Prevalence, childhood risk factors, and social correlates in young adulthood*. Paper presented at the Annual Meeting of the z-proso (Zurich Project on Social Development from Childhood to Adulthood) Research Network, Edinburgh, UK.
 112. Johnson-Ferguson*, L., **Shanahan, L.**, & Quednow, B. B. (2022). *Associations between drug use and well-being in the period of young adulthood: Insights from hair analysis in a community sample*. Paper presented at the Annual Meeting of the z-proso

- (Zurich Project on Social Development from Childhood to Adulthood) Research Network, Edinburgh, UK.
111. Loher*, M., Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., **Shanahan, L.**, & Quednow, B. B. (2022). *Tobacco use, cannabis use, self-control and violence: Disentangling associations from early adolescence to early adulthood*. Paper presented at the Annual Meeting of the z-proso (Zurich Project on Social Development from Childhood to Adulthood) Research Network, Edinburgh, UK.
 110. Leos-Toro*, C., Ribeaud, D., Eisner, M., **Shanahan, L.**, & Quednow, B. B. (2022). *Prevalence, childhood predictors, and adult correlates of cocaine use among young people in Zurich*. Paper presented at the Annual Meeting of the z-proso (Zurich Project on Social Development from Childhood to Adulthood) Research Network, Edinburgh, UK.
 109. Johnson-Ferguson*, L., **Shanahan, L.**, Zimmermann*, J., Bechtiger*, L., Steinhoff*, A., Baumgartner, M. R., Binz, T. M., Ribeaud, D., Eisner, M., & Quednow, B. B. (2022). *How hair keeps track: Associations between hair concentrations of psychoactive substances and steroid hormones*. Poster presented at the Annual Meeting of Psychologie und Gehirn [Psychology and the Brain], Freiburg, Germany.
 108. Gutin*, I., Copeland, W. E., Godwin, J., Harris, K. M., Hill, S., **Shanahan, L.**, & Gaydos, L. (2022). *Defining despair: Assessing the multidimensionality of despair and its associations with substance use and suicidality in early and middle adulthood*. Paper presented at the Annual Meeting of the Population Association of America, Atlanta, GA.
 107. McNeil, J., Koch*, H. R., Shriver, L., Dollar, J. M., Keane, S. P., **Shanahan, L.**, & Wideman, L. (2022). *Predictors of energy intake in young adults: Cross-sectional analysis of the RIGHT Track Health study*. Poster presented at the Annual Meeting of the American College of Sports Medicine, San Diego, CA.
 106. Bechtiger*, L., Steinhoff*, A., Dollar, J. M., Calkins, S. D., Keane, S. P., Shriver, L., & **Shanahan, L.** (2021). *Pathways from maternal depressive symptoms to adolescents' unhealthy behaviors*. Paper presented at 3rd annual Meeting of the Swiss Society of Early Childhood Research, Zurich, Switzerland.
 105. Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2021). *Self-harm and domestic violence among young adults during the COVID-19 pandemic*. Poster presented at International Society for the Study of Self-Injury virtual meeting.
 104. Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2021). *Self-, other-, and dual-harm during adolescence: Childhood risk factors and early adult correlates*. Poster presented at Society for Research on Child Development biennial (virtual) meeting.
 103. Bechtiger*, L., Steinhoff*, A., Dollar, J. M., Keane, S. P., Calkins, S. D., & **Shanahan, L.** (2021). *Pathways from maternal depressive symptoms to children's academic performance in adolescence*. Poster presented at Society for Research on Child Development biennial (virtual) meeting.
 102. Leos-Toro*, C., Bechtiger*, L., Steinhoff*, A., Ribeaud, D., Eisner, M., Quednow, B. B. & **Shanahan, L.** (2021). *The COVID-19 pandemic and substance use and other problem behaviors among young adults: Findings from a longitudinal study*. Poster presented at Society for Research on Child Development biennial (virtual) meeting.

101. Johnson-Ferguson*, L., **Shanahan, L.**, Loher*, M., Steinhoff*, A., Bechtiger*, L., Quednow, B. B., Ribeaud, D., & Eisner, M. (2021). *Risk and resilience in young adults during the COVID-19 pandemic in Switzerland*. Poster presented at Society for Research on Child Development biennial (virtual) meeting.
100. Steinhoff*, A., Bechtiger*, L., Baumgartner, M. R., Zimmermann*, J., Ribeaud, D., Eisner, M., **Shanahan, L.**, & Quednow, B. B. (2021). *Biased estimates in epidemiological substance use research? Evidence from a community study with hair testing*. Poster presented at Society for Research on Child Development biennial (virtual) meeting.
99. Huber,* S., Keane, S. P., Dollar, J., **Shanahan, L.**, Calkins, S. D., Shriver, L., & Wideman, L. (2021). *The perfect storm: Poor sleep amplifies connection between low emotion regulation and later anxiety in adolescence*. Poster presented at Society for Research on Child Development biennial (virtual) meeting.
98. Kim,* Y., Keane, S. P., Calkins, S. D., & **Shanahan, L.** (2021). *The role of negative emotionality and maternal hostility in predicting adolescent depressive symptoms*. Poster presented at Society for Research on Child Development biennial (virtual) meeting.
97. Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., Quednow, B. B., & **Shanahan, L.** (2020). *How are perceived stress, biologically manifested stress, and self-injury interrelated in young adults from the community?* Poster/Extended abstract, International Society for the Study of Self-Injury, Vienna, Austria.
96. **Shanahan, L.**, Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., & Quednow, B. B. (2020). *Frequent teenage cannabis use: Prevalence across adolescence and links with young adult outcomes in an urban cohort*. Paper presented at the Annual Meeting of the z-proso International Research Network, Cordoba, Spain.
95. Bechtiger*, L., Steinhoff*, A., Ribeaud, D., Eisner, M., Quednow, B. B., & **Shanahan, L.** (2020). *Cannabis use in children of immigrant and native parents in an urban sample in Switzerland*. Paper presented at the Annual Meeting of the z-proso International Research Network, Cordoba, Spain.
94. Steinhoff*, A., Bechtiger*, L., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2020). *Childhood risk factors for and early adult outcomes of self-, other, and dual harm during adolescence*. Paper presented at the Annual Meeting of the z-proso International Research Network, Cordoba, Spain.
93. Zimmermann*, J., Ehlert*, A., Johann*, D., Ribeaud, D., Eisner, M., & **Shanahan, L.**, Rauhut, H., & Quednow, B. (2020). *The associations between specific substance use and prosocial behavior in young adulthood*. Paper presented at z-proso (Zurich Project on Social Development from Childhood to Adulthood) Research Symposium, Cordoba, Spain.
92. Bechtiger*, L., Quednow, B. B., Steinhoff*, A., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2019). *Cannabiskonsum in der Adoleszenz und psychologische und soziale Korrelate im jungen Erwachsenenalter [Cannabis consumption during adolescence and psychological and social correlates during young adulthood]*. Poster presented at the Annual Meeting of the "atf" (Swiss Addiction and Drug Research Consortium), Zurich Switzerland.
 - Selected for atf poster award.

91. Steinhoff*, A., **Shanahan, L.**, Bechtiger*, L., Ribeaud, D., Eisner, M., & Quednow, B. B. (2019). *Polysubstanzkonsum bei jungen Erwachsenen in der Schweiz und seine frühen Prädiktoren [Early predictors of polysubstance use among young adults]*. Poster presented at the Annual Meeting of the "atf" (Swiss Addiction and Drug Research Consortium), Zurich Switzerland.
90. Bechtiger*, L., **Shanahan, L.**, Steinhoff*, A., Dollar, J. M., Kincaid*, Z., Calkins, S. D., Keane, S. P., Shriver, L., & Wideman, L. (2019). *Developmental properties of pro-and anti-inflammatory cytokines during late adolescence*. Poster presented at Annual Meeting of the International Society of Psychoneuroendocrinology (ISPNE), Milan, Italy.
89. Paynter*, L., Shriver, L., Dollar*, J., Calkins, S. D., Keane, S. P., **Shanahan, L.**, & Wideman, L. (2019). *Non-food behavioral regulation at age 4 predicts body mass index growth trajectory membership*. Poster presented at the Food and Nutrition Conference & Expo (FNCE), Philadelphia, PA.
88. Bechtiger*, L., Steinhoff*, A., Dollar*, J. M., Keane, S. P., Calkins, S. D., & **Shanahan, L.** (2019). *Maternal depression and their children's academic outcomes*. Poster presented at the Biennial Meeting of the International School Psychology Association, Basel, Switzerland.
87. Steinhoff*, A., Bechtiger*, A., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2019). *Non-suicidal self-injury from early adolescence to early adulthood*. Paper presented at the Biennial Meeting of the International School Psychology Association, Basel, Switzerland.
86. **Shanahan, L.**, Steinhoff*, A., Bechtiger*, L., Dollar*, J., Kincaid*, Z., Calkins, S. D., Keane, S. P., Shriver, L., & Wideman, L. (2019). *Developmental properties of pro-and anti-inflammatory cytokines during late adolescence*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Baltimore, MD.
 - *Selected for SRCD special poster session that highlights leading interdisciplinary child development research.*
85. Dollar*, J., **Shanahan, L.**, Calkins, S. D., Shriver, L., Keane, S. P., & Wideman, L. (2019). *Specific childhood emotional differentially predict adolescent psychological, academic, and physical health risks*. Poster presented at Biennial Meeting of the Society for Research on Child Development, Baltimore, MD.
84. Dollar*, J., Wideman, L., Shriver, L., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2019). *Emerging self-regulatory skills in childhood predict cardiometabolic risk in adolescence*. Paper presented at the Biennial Meeting of the Society for Research on Child Development, Baltimore, MD.
83. Steinhoff*, A., Ribeaud, D., Eisner, M., & **Shanahan, L.** (2019). *Non-suicidal self-injury among adolescents in Switzerland*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Baltimore, MD.
82. Bechtiger*, L., Steinhoff*, A., & **Shanahan, L.** (2019). *Bidirectional associations between sympathy and self-disclosure in friendships from mid to late adolescence*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Baltimore, MD.
81. Kim*, Y., Keane, S. P., Dollar, J., Calkins, S. D., & **Shanahan, L.** (2019). *The development of adolescent emotion regulation: The role of negative emotionality and*

- inconsistent discipline*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Baltimore, MD.
80. Lawless*, M., Shriver, L., Dollar, J., Wideman, L., Susan, S. D., Keane, S. P., & **Shanahan, L.** (2018). *Associations between eating behaviors, diet and body mass index among adolescents*. Poster presented at the Annual Meeting of the Academy of Nutrition and Dietetics, Washington, D.C.
 79. Wideman, L., Dollar*, J., Shriver, L., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2018). *Self-regulation in early childhood predicts adolescent metabolic syndrome profile membership*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Minneapolis, MN.
 78. Berry*, N., Dollar*, J., **Shanahan, L.**, Calkins, S. D., Keane, S. P., & Wideman L. (2018). *A non-linear dynamics approach to oxygen, ventilation and heart rate dynamics during exercise in young adults*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Minneapolis, MN.
 77. Gabaldon*, J., Gangel*, M., Dollar*, J., **Shanahan, L.**, Calkins, S. D., Keane, S. P., & Wideman L. (2018). *Cardiometabolic risk assessment in adolescents using latent profile analysis*. Poster presented at the Annual Meeting of the Southeast American College of Sports Medicine, Chattanooga, TN.
 76. Kim*, Y., Robb*, J., Keane, S. P., Calkins, S. D., & **Shanahan, L.** (2018). *The protective role of social preference in the link between emotion lability and depression in early adolescence*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Minneapolis, MN.
 75. Lee*, J., Brown*, A., Keane, S. P., Calkins, S. D., & **Shanahan, L.** (2018). *The moderation of sex on the association between perceived pubertal maturation and friendship quality among adolescents*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Minneapolis, MN.
 74. Dollar*, J., Wideman, L., Shriver, L., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2018). *Longitudinal associations between childhood positive affect and adolescent risk-taking and cardiovascular risk*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Minneapolis, MN.
 73. Berry*, N. T., Janssen*, J. A., Dollar*, J., Lovelady, C. A., Calkins, S. D., Keane, S. P., **Shanahan, L.**, & Wideman, L. (2017). *Heart rate variability during acute recovery from maximal exercise: Utility of a nonlinear dynamic approach*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
 72. Janssen*, J. A., Berry*, N. T., **Shanahan, L.**, Kinkaid*, Z. A., Dollar*, J., Lovelady, C. A., Calkins, S. D., Keane, S. P., & Wideman, L. (2017). *The continuous metabolic syndrome score, physical activity, and inflammation in adolescents*. Poster presented at the Annual Meeting of the American College of Sports Medicine, Denver, CO.
 71. Qadeer*, A. R., **Shanahan, L.**, & Ferro, M. (2017). *Chronic disruptive pain in emerging adults with and without chronic health conditions: The moderating role of psychiatric disorder*. Poster presented at the Annual Meeting of the Canadian Society for Epidemiology & Biostatistics, Banff, Alberta, Canada.
 70. Qadeer*, A. R., **Shanahan, L.**, & Ferro, M. (2017). *Chronic disruptive pain in emerging adults with and without chronic health conditions: The moderating role of psychiatric disorder*. Poster presented at the Annual Meeting of the Canadian Pain Society, Halifax, NS, Canada.

69. Denio*, E., Keane, S. P., Calkins, S. D., & **Shanahan, L.** (2017). *Children's locus of control: The interactive contribution of parenting and child temperament*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Austin, TX.
68. Wideman, L., Dollar*, J., Keane, S. P., Calkins, S. D., & **Shanahan, L.** (2017). *Effortful control in childhood predicts adolescent CRP*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Austin, TX.
67. Gangel*, M., Brown*, A., Kolacz*, J., Janssen*, J. A., **Shanahan, L.**, Keane, S. P., Calkins, S. D., & Wideman, L. (2017). *Childhood per preference and adolescent cardiovascular risk factors: Sedentary and non-sedentary behaviors mediators*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Austin, TX.
66. Grimes*, M., Kolacz*, J., Wideman, L., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2017). *The role of sleep problems in links between social threat and cardiovascular risk in adolescence*. Poster presented at the UNC Academic Research Conference (ARC), Chapel Hill, NC.
65. Perry*, N. B., Dollar*, J., Keane, S. P., **Shanahan, L.**, Calkins, S. D., & Suffness*, R. (2017). *Over-controlling parenting and children's self-regulation: Implications for social, emotional, and academic adjustment*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Austin, TX.
64. Perry*, N. B., Dollar*, J., Calkins, S. D., Keane, S. P., & **Shanahan, L.** (2017). *Transactional associations among childhood surgency, social skills, and externalizing behavior problems*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Austin, TX.
63. Shields*, E., **Shanahan, L.**, Wideman, L., Calkins, S. D., Keane, S. P., & Lovelady, C. (2017). *Relationships between breastfeeding, diet quality and physical activity with BMI in adolescents*. Poster presented at the Federation of American Societies for Experimental Biology Meeting, Chicago, IL.
62. **Shanahan, L.**, Zucker, N., Copeland, W. E., Egger, H. L., & Costello, E. J. (2016). *Somatic complaints during childhood predict select emotional disorders during young adulthood in a U.S. community sample*. Poster presented at the 3rd Burghölzli Psychiatry Meeting, Zurich, Switzerland.
61. Linthicum*, K., Kolacz*, J., **Shanahan, L.**, & Wideman, L. (2016). *The joint roles of depressive symptoms and headaches in predicting cardiovascular risk during adolescence*. Poster presented at the UNC Academic Research Conference (ARC), Chapel Hill, North Carolina.
60. Grimes*, M., Kolacz*, J., Linthicum*, K., Wright*, J. C., **Shanahan, L.**, Calkins, S. D., Keane, S. P., & Wideman, L. (2016). *The association between sleep problems and cardiovascular risk in adolescence*. Poster presented at the UNC Academic Research Conference (ARC), Chapel Hill, North Carolina.
59. Corbett*, D., Kolacz*, J., **Shanahan, L.**, Calkins, S. D., Keane, S. P., & Wideman, L. (2016). *The protective effect of physical activity on the association between anxiety in late childhood and somatic symptoms during adolescence*. Poster presented at the UNC Academic Research Conference (ARC), Chapel Hill, North Carolina.
58. Slutsky*, A. B., Janssen*, J. A., Kolacz*, J., **Shanahan, L.**, Calkins, S. D., Lovelady, C., Keane, S. P., Dollar*, J., & Wideman, L. (2016). *Childhood inhibitory control may*

- predict adolescent physical activity and eating behaviors.* Poster presented at the Annual Meeting of the North American Society for the Psychology of Sport and Physical Activity, Quebec, Canada.
57. Dollar*, J., Perry*, N. B., Calkins, S. D., Keane, S. P., **Shanahan, L.**, & O'Brien, M. (2016). *The expression and regulation of positive affect in predicting externalizing behavior problems.* Poster presented at the 2016 International Conference on Infant Studies, New Orleans, LA.
 56. Janssen*, J. A., Berry*, N. T., Slutsky*, A. B., **Shanahan, L.**, Lovelady, C., Keane, S. P., Calkins, S. D., & Wideman, L. (2016). *Exploring the effect of a maximal exercise test on heart rate variability in young adults.* Poster presented at the Annual Meeting of the American College of Sports Medicine, Boston, MA.
 55. Wideman, L., Janssen*, J. A., Slutsky*, A. B., Berry*, N. T., **Shanahan, L.**, Lovelady, C., Keane, S. P., & Calkins, S. D. (2016). *Heart rate recovery responses to maximal exercise and childhood vagal tone.* Poster presented at the Annual Meeting of the American College of Sports Medicine, Boston, MA.
 54. Janssen*, J. A., Slutsky*, A. B., Berry*, N. T., **Shanahan, L.**, Lovelady, C., Keane, S. P., Calkins, S. D., & Wideman, L. (2016). *Exploring the effect of a maximal exercise test on heart rate variability in young adults.* Poster presented at the Annual Meeting of the Southeast American College of Sports Medicine, Greenville, SC.
 53. Slutsky, A. B., Janssen, J. A., Kolacz, J., **Shanahan, L.**, Calkins, S. D., Lovelady, C., Keane, S. P., Dollar, J., & Wideman, L. (2016). *Childhood inhibitory control may predict adolescent physical activity and eating behaviors.* Poster presented at the Annual Meeting of the Southeast American College of Sports Medicine, Greenville, SC.
 52. Espinoza*, S. M., Janssen*, J. A., Kolacz*, J., Berry*, N. T., Slutsky*, A. B., **Shanahan, L.**, Calkins, S. D., Keane, S. P., Lovelady, C., & Wideman, L. (2016). *Exploring the validity of a novel retrospective sport involvement questionnaire in adolescents.* Poster presented at the Annual Meeting of the Southeast American College of Sports Medicine, Greenville, SC.
 51. Gangel*, M., Brown*, A., Kolacz*, J., Janssen*, J., **Shanahan, L.**, Keane, S. P., Calkins, S. D., & Wideman, L. (2016). *The association between childhood peer preference and adolescent cardiovascular risk.* Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
 50. Kolacz*, J., **Shanahan, L.**, Gangel*, M., Janssen*, J. J., Calkins, S. D., Keane, S. P., & Wideman, L. (2016). *The mediating role of health behaviors in the link between childhood emotional regulation and adolescent cardiovascular risk.* Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
 49. Grimes*, M., Kolacz*, J., Linthicum*, K., Wright*, J. C., **Shanahan, L.**, Calkins, S. D., Keane, S. P., & Wideman, L. (2016). *The role of adolescent sleep quality in links between childhood negative emotionality and adolescent cardiovascular risk.* Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
 48. Janssen*, J., Kolacz*, J., **Shanahan, L.**, Gangel*, M., Volpe*, V. V., Calkins, S. D., Keane, S. P., & Wideman, L. (2015). *Why some boys "bash and crash:" Childhood temperament predicts adolescent males' activity and inactivity patterns.* Poster presented at the Annual Meeting of the American College of Sports Medicine, San Diego, CA.

47. Costello, E. J., Copeland, W. E., & **Shanahan, L.** (2015). *Early environmental exposures and adult psychiatric disorder: Epstein Barr virus antibodies as a biomarker of stress exposure*. Paper presented at the Annual Meeting of the American Psychosomatic Society, Savannah, GA.
46. **Shanahan, L.**, Gangel*, M., Kolacz*, J., Volpe*, V. V., Brown*, A., Keane, S. P., Calkins, S. D., & Wideman, L. (2015). *Negative emotionality during childhood and health outcomes during pre-adolescence and adolescence*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Philadelphia, PA.
45. Gangel*, M., Brown*, A., Oberlin*, D. J., Kolacz*, J., **Shanahan, L.**, Keane, S. P., Calkins, S. D., & Wideman, L. (2015). *The association between childhood physiological regulation deficits and adolescent cardiovascular risk factors*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Philadelphia, PA.
44. Volpe*, V. V., **Shanahan, L.**, Brown*, A., Kolacz*, J., Gangel*, M., Keane, S. P., Calkins, S. D., & Wideman, L. (2015). *Negative emotionality during childhood and unhealthy behaviors during mid-adolescence*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Philadelphia, PA.
 - Selected for SRCD special poster session focused on the SRCD strategic plan in the area of interdisciplinary research.
43. **Shanahan, L.**, Schorpp*, K. M., & Volpe*, V. V. (2015). *Developmental timing of suicidal behaviors and elevated inflammation during young adulthood*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Philadelphia, PA.
42. Bondy*, C. L., **Shanahan, L.**, Egger, H. L., & Angold, A. (2015). *Cross-sectional and longitudinal associations between preschoolers' emotional and behavioral disorders and their parents' parenting stress*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Philadelphia, PA.
41. Mellendick*, K., **Shanahan, L.**, Wideman, L., Calkins, S. D., Keane, S. P., & Lovelady, C. (2015). *Diet quality and adiposity in adolescents*. Poster presented at the Federation of American Societies for Experimental Biology Meeting, Boston, MA.
 - Selected as a finalist for the American Society of Nutrition's Emerging Leaders poster competition, winner of third prize in "Obesity" category.
40. Janssen*, J., Kolacz*, J., **Shanahan, L.**, Dollar*, J. M., Gangel*, M., Volpe*, V. V., Calkins, S. D., Keane, S. P., & Wideman, L. (2015). *Investigating the relationship between childhood behavior and adolescent self-reported physical activity*. Poster presented at the Annual Meeting of the Southern Chapter of the American College of Sports Medicine, Jacksonville, FL.
39. Copeland, W. E., Costello, E. J., Wolke, D., & **Shanahan, L.** (2015). *The consequences of common childhood psychiatric disorders: A prospective longitudinal study*. Paper presented at the 28th Annual Research and Policy Conference on Child, Adolescent and Young Adult Behavioral Health, Tampa, FL.
38. Freeman*, J., Bauldry*, S., & **Shanahan, L.** (2013). *The relationship between subjective social status and C-reactive protein*. Paper presented at the Annual Meeting of the American Sociological Association, New York City.
37. **Shanahan, L.**, Copeland, W. E., Worthman, C., Erkanli, A., Angold, A., & Costello, E. J. (2013). *Developmental change in markers of immune function from childhood to*

- young adulthood*. Paper presented at the Biennial Meeting of the International Society for Research on Child and Adolescent Psychopathology, Leuven, Belgium.
36. Copeland, W. E., **Shanahan, L.**, Worthman, C., Erkanli, A., Angold, A., & Costello, E. J. (2013). *Depression, generalized anxiety, and C-reactive protein*. Paper presented at the Biennial Meeting of the International Society for Research on Child and Adolescent Psychopathology, Leuven, Belgium.
 35. **Shanahan, L.**, Copeland, W. E., Worthman, C., Erkanli, A., Angold, A., & Costello, E. J. (2013). *Sex-differentiated changes in C-reactive protein from childhood to young adulthood: Implications for studying linkages with adversity?* Paper presented at the Biennial Meeting of the Society for Research on Child Development, Seattle.
 34. **Shanahan, L.**, Zucker, N., Bondy*, C. L., Copeland, W. E., Costello, E.J., & Angold, A. (2013). *Do childhood somatic complaints predict psychopathology in adolescence and young adulthood?* Poster presented at the Biennial Meeting of the Society for Research on Child Development, Seattle.
 33. **Shanahan, L.**, Copeland, W. E., Worthman, C., Erkanli, A., Angold, A., & Costello, E. J. (2012). *Developmental course of C-reactive protein from childhood to young adulthood*. Paper presented at the Biennial Meeting of the Life History Research Society, Richmond, UK.
 32. Costello, E. J., Angold, A., **Shanahan, L.**, & Copeland, W. E. (2012). *Getting under the skin: Biomarkers of psychiatric disorders across childhood and adolescence*. Paper presented at the Biennial Meeting of the Life History Research Society, Richmond, UK.
 31. **Shanahan, L.**, Copeland, W. E., Worthman, C., Angold, A., & Costello, E. J. (2012). *Asthma, depression, and inflammation in children and adolescents*. Poster presented at the Annual Meeting of Psychologie und Gehirn [Psychology and the Brain], Jena, Germany.
 30. Suffness*, R., **Shanahan, L.**, Keane, S., Calkins, S., & O'Brien, M. (2012). *Temperament and internalizing symptoms in late middle childhood*. Poster presented at the Annual Convention of the American Psychological Association, Orlando, FL.
 29. **Shanahan, L.**, Calkins, S., Keane, S. P., O'Brien, M., Kelleher*, R., & Suffness*, R. (2011). *Children's physiological regulation, maternal factors, and childhood internalizing symptoms*. Paper presented at the Biennial Meeting of the Society for Research on Child Development, Montreal, Canada.
 28. **Shanahan, L.**, Copeland, W. E., Costello, E. J., Worthman, C., & Angold, A. (2011). *Adversity, immune function, and depression in youth*. Paper presented at the Biennial Meeting of the Society for Research on Child Development, Montreal, Canada.
 27. Blane*, E. C., **Shanahan, L.**, Calkins, S., Keane, S. P., & O'Brien, M. (2010). *Stressful life events, sibling relationships, and youth adjustment*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Philadelphia, PA.
 26. Creed*, M. S., **Shanahan, L.**, Calkins, S., Keane, S. P., & O'Brien, M. (2009). *Marital conflict, mother-child relationships, and child depressive symptoms*. Poster presented at the UNCG Annual Undergraduate Research Exposition, Greensboro, NC.
 25. Blane*, E. C., Fallah*, N., Creed*, M. S., **Shanahan, L.**, Keane, S. P., & Calkins, S. (2009). *Marital conflict and children's depressive symptoms: Conceptual and methodological considerations*. Poster presented at the Annual Convention of the American Psychological Association, Toronto, Canada.

- *Recipient of the APA Division 43 (Society of Family Psychology) Poster Award.*
24. **Shanahan, L.**, Copeland, W. E., Costello, E. J., & Angold, A. (2009). *Child-, adolescent-, and young adult-onset depression: Differential risk factors in development?* Paper presented at the Biennial Meeting of the Society for Research on Child Development, Denver, CO.
 23. McHale, S. M., Soli*, A. R., Groenendyk*, A. E., & **Shanahan, L.** (2009). *Differential treatment of siblings in middle childhood and adolescence.* Paper presented at the Biennial Meeting of the Society for Research on Child Development, Denver, CO.
 22. **Shanahan, L.**, Copeland, W. E., Costello, E. J., & Angold, A. (2008). *Configurations of common childhood psychosocial risk factors.* Paper presented at the Biennial Meeting of the European Association for Research on Adolescence, Turin, Italy.
 21. McHale, S. M., Kim, J., **Shanahan, L.**, & Whiteman, S. D. (2008). *Sibling relationships and family systems.* Paper presented at the Biennial Meeting of the European Association for Research on Adolescence, Turin, Italy.
 20. Barnett*, M., Deng*, M., **Shanahan, L.**, Haskett, M., Willoughby, M., & Cox, M. (2008). *Longitudinal links among parent cognitions, parenting behaviors, and adjustment of young children.* Poster presented at the Developmental Psychopathology Conference, Chapel Hill, NC.
 19. McHale, S. M., **Shanahan, L.**, Whiteman, S. D., & Crouter, A. C. (2007). *The family context of parent-offspring conflict from middle childhood through late adolescence.* Paper presented at the Biennial Meeting of the Society for the Study of Human Development, University Park, PA.
 18. Barnett*, M., Deng*, M., **Shanahan, L.**, Haskett, M., Willoughby, M., & Cox, M. (2007). *Longitudinal links among parent cognitions, parenting behaviors, and adjustment of young children.* Poster presented at the Biennial Meeting of the Society for Research on Child Development, Boston, MA.
 17. **Shanahan, L.**, Costello, E. J., & Angold, A. (2006). *Putative psychosocial risk factors for youth psychiatric disorders: Specificity adjusted for comorbidity, sex, and age.* Poster presented at the 9th Developmental Science Summer Institute, University Park, PA.
 16. **Shanahan, L.**, & McHale, S. M. (2005). *Parental differential treatment of siblings: Longitudinal links with adjustment and sibling relationships.* Paper presented at the Annual Meeting of the National Council on Family Relations, Phoenix, AZ.
 15. **Shanahan, L.**, Costello, E. J., & Angold, A. (2005). *Child, family, peer, and neighborhood risk factors: Patterns of specificity in youth psychiatric disorders.* Poster presented at the 8th Developmental Science Summer Institute, Chapel Hill, NC.
 14. **Shanahan, L.**, McHale, S. M., Osgood, D. W., & Crouter, A. C. (2005). *Development of differential parental warmth toward siblings from middle childhood to late adolescence.* Paper presented at the Biennial Meeting of the Society for Research on Child Development, Atlanta, GA.
 13. May, A., & **Shanahan, L.** (2005). *Links between young adolescents' free time use and their body mass index.* Poster presented at the Biennial Meeting of the Society for Research on Child Development, Atlanta, GA.
 12. **Shanahan, L.**, & Kim, J. (2004). *Familial predictors of sibling similarities and differences in time use.* Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.

11. **Shanahan, L., & McHale, S. M. (2004).** *Patterns of children's gendered qualities and links to family conditions and well-being over time.* Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
10. Kim, J., & **Shanahan, L. (2003).** *Adolescents' characteristics, sibling differences, and the sibling relationship.* Poster presented at the Biennial Meeting of the Society for Research on Child Development, Tampa, FL.
9. **Shanahan, L., Kim, J., & McHale, S. M. (2003).** *Sibling similarities and differences in time use.* Paper presented at the Biennial Meeting of the Society for Research on Child Development, Tampa, FL.
8. McHale, S. M., Whiteman, S. D., Kim, J., & **Shanahan, L. (2002).** *Changes in sibling relationships between middle childhood and early adolescence: What factors keep siblings close?* Poster session presented at the annual meeting of the National Council on Family Relations, Houston, TX.
7. McHale, S. M., **Shanahan, L.,** Updegraff, K. A., Crouter, A. C., & Booth, A. (2002). *Development and individual differences in girls' sex-typed activities in middle childhood and adolescence.* Paper presented at the 5th Developmental Science Summer Institute, University Park, PA.
6. **Shanahan, L. (2002).** *Shyness and family relationships in middle childhood and early adolescence.* Poster presented at the 5th Developmental Science Summer Institute, University Park, PA.
5. McHale, S. M., & **Shanahan, L. (2002).** *Tomboy activities in middle childhood and adolescence.* Poster presented at the Biennial Meeting of the Society for Research on Adolescence, New Orleans, LA.
4. **Shanahan, L. (2002).** *Shyness and family relationships in middle childhood and early adolescence.* Poster presented at the Biennial Meeting of the Society for Research on Adolescence, New Orleans, LA.
3. McHale, S. M., Updegraff, K. A., Crouter, A. C., & **Shanahan, L. (2001).** *Tomboy behavior in middle childhood and adolescence: Links with family characteristics and adjustment.* Poster presented at the Annual Meeting of the National Council on Family Relations, Rochester, NY.
2. **Shanahan, L., & McHale, S. M. (2001).** *Shyness and family relationships in middle childhood.* Poster presented at the Annual Meeting of the National Council on Family Relations, Rochester, NY.
1. Darling, N., & **Köhle (Shanahan), L. (2000).** *Variation in developmental processes as a function of siblings' consensus on parental monitoring and peer group characteristics.* Poster presented at the Biennial Meeting of the Society of Research on Adolescence, Chicago.

TEACHING RECORD

Undergraduate Courses

- Risk and Resilience in the Early Lifespan
- Social and Personality Development
- Child Development

- Developmental Psychology
- Careers in Psychology

Graduate Courses

- New Frontiers in Youth Research: Unhealthy and Risky Behaviors During Adolescence
- Risk and Resilience Across Development
- Research Colloquium in Clinical Developmental Psychology
- Stress and the Intersection of Mental and Physical Health Across Development
- Developmental Psychopathology
- Developmental Psychology

Graduate Student Research Supervision: Primary or Secondary Mentor

- Annik Sauer, M.Sc., 2025, Cortisol and cortisone dynamics in young adulthood: *Examining variability and ratios in relation to perceived and objective stress*
- Maria Picazo Mora, M.Sc., 2025, *The impact of interpersonal stressors on generalized trust development: A focus on adolescence and emerging adulthood*
- Elena Feldmann, M.Sc., 2025, *What matters most? Exploring the relationship between self-reported life events and mental health in Swiss adolescents and young adults*
- Dennis Schaller, M.Sc., 2025, *Predictors of perceived social exclusion during adolescence and young adulthood*
- Lydia Johnson-Ferguson, PhD, 2024, *Markers of stress and substance use in young adults: Insights from hair data*
- Natasa Milovanovic M.Sc., 2024, *Binge drinking in adolescence: Prevalence and its associations with violence*
- Corina Jochum M.Sc., 2024, *Can hair data yield new insights into association of frequent cannabis use and adverse outcomes?*
- Laura Bechtiger, PhD, 2023, *Pathways from maternal depressive symptoms to adolescent well-being: A 15-year longitudinal examination*
- Michelle Tschanz, M.Sc., 2023, *Intergenerational transmission of parenting behavior: A prospective-longitudinal study*
- Gregor Ferolla Vasconcelos, M.Sc., 2023, *Child-to-parent aggression: Prevalence and family risk factors*
- Sina Poffa, M.Sc., 2023, *Risk perceptions of nonmedical cannabis use, cannabis literacy, and consumer understanding of cannabis health risks in Switzerland*
- Ramona Marchetti, M.Sc., 2022, *The intergenerational continuity of self-control and depression and its association with adolescent delinquency*
- Melissa Mamakli, M.Sc., 2022, *Zusammenhänge zwischen selbstberichteten Stressoren, biologisch manifestiertem Stress und Selbstverletzung bei jungen Erwachsenen [Associations between self-reported stressors, biologically manifested stress, and self-injury in young adults]*
- Yoanna Christova, M.Sc., 2022, *Prevalence of and pathways to illegal stimulant use*

- Marta Anna Marciniak, PhD, 2022, *mHealth ecological momentary interventions mechanistically targeting resilience factors*
- Marie Reinecke, M.Sc., 2021, *Der Einfluss mütterlicher Depressionen auf die Kindesentwicklung [The role of maternal depression in child development]*
- Rose Ammann, M.Sc., 2021, *Childhood adversity and internalizing symptoms in adolescence*
- Lucrezia Santamaria, M.Sc., 2021, *Sibling aggression as a source of risk of internalizing and externalizing symptoms in adulthood and the protective role of social support*
- Michelle Loher, M.Sc., 2020, *Cannabis use and violence from early adolescence to early adulthood: A longitudinal analysis*
- Petra Suter, M.Sc., 2020, *Cannabis use and friendship stability in adolescence*
- Séverine Suter, M.Sc., 2020, *Vom Cannabiskonsum zur Straftate? Risikofaktoren im frühen und mittleren Schulalter für eine cannabisbezogene Straftate in der Adoleszenz [From cannabis use to a criminal record? Risk factors in early and middle school age for a cannabis-related criminal record in adolescence]*
- Sabrina Sakač, M.Sc., 2020, *Der Einfluss des pubertären Timings auf nicht-suizidales selbstverletzendes Verhalten [The influence of pubertal timing on non-suicidal self-injurious behavior]*
- Katharina Klien, M.Sc., 2019, *Schulverbundenheit als protektiver Faktor für nicht-suizidale Selbstverletzung in der Adoleszenz [School connectedness as a protective factor for non-suicidal self-injury in adolescence]*
- Kurt Birchler, M.Sc., 2019, *Cannabis use by Swiss and immigrant adolescents*
- Laurina Stählin, M.Sc., 2019, *Zusammenhänge zwischen Selbstwirksamkeit und Erziehungsstil bei Müttern und die langfristigen Auswirkungen auf die kindliche Entwicklung [Associations between self-efficacy and parenting style in mothers and long-term effects on child development]*
- Silvio Meier, M.Sc., 2019, *The roles of inter-parental conflict and companionship in children's social development*
- Laura Bechtiger, M.Sc., 2018, *Bidirektionale Zusammenhänge von Mitgefühl und Freundschaftsqualität in der Jugend [Bidirectional associations between sympathy and friendship quality during adolescence]*
- Melissa Grimes, M.A., 2017, *The role of sleep in links between social threat and cardiovascular risk in adolescence*
- Carmen Bondy, 2012–2015, *Cross-sectional and longitudinal associations between preschoolers' emotional and behavioral disorders and their parents' parenting stress*
- Timothy Wright Boyd II, M.A., 2012, *Parental marital conflict and youth maladjustment*
- Evelyn Blane Waite, M.A., 2010, *Life stress, sibling relationship qualities, and youth adjustment*
- Rebecca Suffness, M.A., *Temperament and internalizing symptoms in late middle childhood, supervised from 2010–2011*

Graduate Student Research Supervision: Supervisor of Research Assistantship

- Lukas Eggenberger (Psychology), 2023–
- Michelle Loher (Psychology), 2022–

- Lydia Johnson-Ferguson (Psychology), 2020–2024
- Laura Bechtiger (Psychology), 2018–2023
- Melissa Grimes (Psychology and Neuroscience), 2015–2016
- Jason Freeman (Sociology), 2015–2016
- J. Clark Wright (School Psychology), 2015–2016
- Jacek Kolacz (Psychology and Neuroscience), 2014–2016
- Vanessa Volpe (Psychology and Neuroscience), 2014
- Kristen Schorpp (Sociology), 2014–2015
- Carmen Bondy (Psychology and Neuroscience), 2012–2015
- Timothy Wright Boyd II (Psychology), 2011–2012
- Rebecca Suffness (Psychology), 2010–2011
- Evelyn Blane Waite (Psychology), 2008–2010
- Sara Loudermilk (Psychology), 2007–2008

Post-doc Supervision and Co-Supervision

- Dr. Xenia Häfeli, 2025–
- Dr. Lydia Johnson-Ferguson, 2024–2025
- Dr. Clarissa Janousch, 2023–2025
- Dr. David Bürgin, 2023–2025
- Dr. Laura Bechtiger, 2023–2025
- Dr. Annekatriin Steinhoff, 2018–2022

Select Accomplishments by Lab Alumni and Affiliates

Clarissa Janousch (post-doc from 2023–2025)

- SNSF Postdoc.Mobility grant for research stay at the Karolinska Institute in Stockholm, Sweden

Laura Bechtiger (doctoral student and then post-doc from 2018–2025)

- SNSF Postdoc.Mobility grant for research stay in the Department of Psychiatry at the University of Groningen, NL

Annekatriin Steinhoff (post-doc from 2018–2022)

- Assistant Professor in Child & Adolescent Psychiatry, University of Bern, funded by a Swiss National Science Foundation *Starting Grant* (NIH K01-award equivalent), 2023–2028

Kristen Schorpp Rapp (PhD in 2017)

- Assistant and then Associate Professor of Sociology, Roanoke College, Virginia
- Spring 2016 Future Faculty Fellowship Program by UNC's Center for Faculty Excellence

Kathryn (Ryn) Linthicum (post-baccalaureate lab coordinator from 2015–2016)

- Head of Global Mental Health Policy at TikTok
- Product Policy Manager for Suicide, Self-Harm, and Eating Disorder content at TikTok.
- Graduate studies in Clinical Psychology, Florida State University, FL

Jacek Kolacz (PhD in 2016)

- Research Assistant Professor, Department of Psychiatry and Behavioral Health, Ohio State University, OH
- Post-doctoral scholar and then Assistant Research Scientist at the Traumatic Stress Research Center at the Kinsey Institute & Developmental Cognitive Neuroscience Laboratory, Indiana University, IN

Jason A. Freeman (PhD in 2016)

- Assistant and then Associate Professor of Sociology, Anthropology, and Criminal Justice at Towson University, Maryland

Vanessa V. Volpe (PhD in 2016)

- Assistant and then Associate Professor of Psychology at North Carolina State University, NC (2019–)
- Assistant Professor of Psychology at Ursinus College, PA (2016–2019)

Shawn Bauldry (post-doctoral collaborator in 2012–13)

- Assistant and then Associate Professor of Sociology at Purdue University, IN (2016–)
- Assistant Professor of Sociology at University of Alabama-Birmingham, AL (2013–2016)

Evelyn Blane Waite (M.A. in 2010)

- Lecturer of Psychology & Educational Psychology at Ball State University, IN

Member of Doctoral Students' Committees at UZH / in Switzerland

<i>Student</i>	<i>Year(s)</i>	<i>Committee(s)</i>	<i>University</i>
Amelie Zacher	2026	Dissertation	University of Zurich
Phuong Do Lan	2025	Dissertation	University of Zurich
Pascal Küng	2025	Dissertation	University of Zurich
Besim Prenaj	2025–	Dissertation	University of Bern
Vinzenz Schmid	2023–	Dissertation	University of Zurich
Christine Dvorschak	2023	Dissertation	University of Zurich
Elena Federici	2023–	Dissertation	University of Zurich
Yanhua Xu	2023	Dissertation	University of Zurich
Mirjam Habegger	2023–	Dissertation	University of Zurich
Rebecca Coray	2023	Dissertation	University of Zurich
Sofia Scatolin	2022–	Dissertation	University of Zurich
Selma Uugwanga	2022–2026	Dissertation	University of Zurich
David Eberle	2022	Dissertation	University of Zurich
Babette Winter	2021–2024	Dissertation	University of Zurich
David Bürgin	2021	Dissertation	University of Basel
Marta Marciniak	2019–2022	Dissertation	University of Zurich
Christina Haag	2018–2020	Dissertation	University of Zurich

Member of Graduate Students' Committees at UNC-CH

<i>Student</i>	<i>Year(s)</i>	<i>Committee(s)</i>	<i>Field</i>
Melissa Grimes	2017	Comprehensive Exam	Developmental Psychology
Jason Freeman	2016	Dissertation	Sociology
Katie Perkins	2015–2016	Comprehensive Exam	Developmental Psychology
Grant Canipe	2015	Advisory	Developmental Psychology
Moira Johnson	2015	Masters	Sociology
Nicholas Wagner	2015–2016	Dissertation	Developmental Psychology
Jacek Kolacz	2014–2016	Advisory, Dissertation	Developmental Psychology
Jessica Solis	2014–2016	Dissertation	Clinical Psychology
Adam Hoffman	2014–2016	Advisory, Masters	Developmental Psychology
Adrienne Pettiford	2014–2015	Comprehensive Exam, Dissertation	Developmental Psychology
Laura Fabricant	2013–2014	Dissertation	Clinical Psychology
Bharathi Zvara	2013–2014	Advisory, Dissertation	Developmental Psychology
Liz Adams	2013–2014	Dissertation	Developmental Psychology
Kristen Schorpp	2013–2016	Masters, Dissertation	Sociology
Kelly Sheppard	2013	Advisory	Developmental Psychology
Drew Rothenberg	2013	Masters	Clinical Psychology
Vanessa Volpe	2012–2016	Masters, Advisory, Comprehensive Exam, Dissertation	Developmental Psychology
Olivenne Skinner	2012–2014	Advisory, Dissertation	Developmental Psychology
Jessica Cuellar	2012–2014	Dissertation	Clinical Psychology
Hanna Gustafsson	2012–2013	Dissertation	Developmental Psychology
Michelle Gallagher	2012	Masters	Clinical Psychology
Michelle Gonzalez	2012	Masters	Clinical Psychology

Member of Graduate Students' Committees at UNC-G

<i>Student</i>	<i>Year(s)</i>	<i>Committee(s)</i>	<i>Field</i>
Iryna Babik	2010–2014	Preliminary Exam, Dissertation	Developmental Psychology
Nicole B. Perry	2011–2013	Preliminary Exam, Dissertation	Human Development and Family Studies
Jessica Benson	2010–2013	Preliminary Exam, Dissertation	Clinical Psychology
Diana Westerberg	2010–2011	Masters	Clinical Psychology
Nicole Schatz	2009–2012	Preliminary Exam, Dissertation	Clinical Psychology
Sarah O'Rourke	2009–2011	Masters	Clinical Psychology

Sara Loudermilk	2009–2011	Dissertation	Clinical Psychology
Jennifer Sommer	2008–2012	Preliminary Exam, Dissertation	Clinical Psychology
Tam Ly	2008–2010	Masters	Social Psychology
Chris Lootens	2008–2009	Dissertation	Clinical Psychology
Jessica Moore	2008–2009	Masters	Clinical Psychology
Kendell Jaspar	2008–2009	Dissertation	Clinical Psychology

Member of Undergraduate Students' Honors Thesis Committees

Jennifer Nowicki 2013, Developmental Psychology, UNC-CH

Undergraduate Student Research Experience Supervision

2016–	(Co-)Supervision of 6 Bachelor of Science theses per academic year
2014–2015	Jasmine Plott, Dana Corbett
2013–2014	Jasmine Plott
2011–2012	Jacob Lennon, Whitney Deans, Destinee Smith
2010–2011	Mary Amanda Harmon, Melody Mechanic, Perla Ramos, Amber Blackwell, Theresa Harper, Jacob Lennon, Jessica McDonald, Paul Teri
2009–2010	Magdalena Klaczak, Lezley Scholl
2008–2009	Kayla Lewis, Jesse Anderson, Stacey Saleeby, Christina Hussami, Felicia Jenkins
2007–2008	Keonna Harrison, Kathryn Glasgow, Lauryn Strobino, Michelle Sansverino Creed, Marina Vendrillo

PROFESSIONAL SERVICE

To Discipline

External Grant Reviewer for Public Research Foundations and Institutes

- DFG (Deutsche Forschungsgemeinschaft – German Research Foundation)
- ERC (European Research Council)
- NIH (US National Institutes of Health)
- SNF (Swiss National Science Foundation)

NIH – US National Institutes of Health – Study Section Meetings

- | | |
|------|---|
| 2015 | “MESH – Mechanisms of Emotion, Stress and Health,” Regular Ad Hoc Reviewer, October meeting |
| 2014 | “BGES – Behavioral Genetics and Psychiatric Epidemiology,” Regular Ad Hoc Reviewer, October meeting |
| 2014 | “ZRG1 PSE-P (60) C– Collaborative Applications: Behavioral Genetics and Epidemiology,” Regular Ad Hoc Reviewer, October meeting |
| 2014 | “BGES – Behavioral Genetics and Psychiatric Epidemiology,” Early Career Reviewer, February meeting |

2014 “ZRG1 PSE-P (60) C– Collaborative Applications: Behavioral Genetics and Epidemiology,” Early Career Reviewer, February meeting

External Grant Reviewer for Private or University-Based Research Foundations

- Alexander von Humboldt Stiftung, Germany
- Jacobs Foundation, Switzerland
- Marie-Speyer Excellence Grants, University of Luxembourg
- The Branco Weiss Fellowship: Society in Science, ETH Zurich, Switzerland
- The Huo Family Foundation
- The Wellcome Trust, U.K.
- TrygFonden (Tryg Foundation), Denmark
- W.T. Grant Foundation, U.S.

Expert Groups and Scientific Advisory Boards

- 2025– Elected member of Swiss National Science Foundation expert group on “Mental Health of Adolescents”
- 2023– The Pennsylvania State University’s Translational Center for Child Maltreatment Studies (TCCMS; P50HD089922).
- 2018– BRISE (Bremen Initiative to Foster Early Childhood Development) Leibniz Institute for Science and Mathematics Education, the University of Bremen, the Max Planck Institute for Human Development et al.

Editorial Board Member

- 2010–2020 *Frontiers in Child and Neurodevelopmental Psychiatry*

Organizer of Workshops and International, Interdisciplinary Meetings

- *z-proso International Research Network Meeting, 2025* (in Cambridge, UK), co-organized with Prof. Manuel Eisner and Dr. Denis Ribeaud
- *z-proso International Research Network Meeting, 2024* (in Bari, Italy), co-organized with Prof. Pasquale Musso, Dr. Denis Ribeaud, and Prof. Manuel Eisner
- *Hair Analysis Workshop: Psychology Meets Toxicology*, October 2023 in Zurich, co-organized with Prof. Boris Quednow and Lydia Johnson-Ferguson
- *z-proso International Research Network Meeting, 2023* (in Freiburg, Germany), co-organized with Prof. Jean-Louis van Gelder, Dr. Denis Ribeaud, Prof. Manuel Eisner
- *z-proso International Research Network Meeting, 2022* (in Edinburgh, UK), co-organized with Profs. Aja Murray, Ingrid Obshut, and Manuel Eisner, Dr. Denis Ribeaud, and Céline Gloor
- Organizer of workshop on *Three-Generation Cohort Studies and Mechanisms of Intergenerational Transmission*, Zurich, Switzerland 2022
- *Improving Risk Models Across the Lifecourse, 2022*, Jacobs Center-sponsored workshop held at Schloss Marbach, Germany, co-organized with Profs. Scott Hofer, Michael Shanahan, Graciela Muniz-Terrera, and Ulf Zölitz
- *z-proso International Research Network Meeting, 2021* (online), co-organized with Céline Gloor, Dr. Denis Ribeaud, and Prof. Manuel Eisner

- *Endocrinological and Toxicological Hair Testing in Psychological/Psychiatric Research*, December 2020, online, co-organized with Prof. Boris Quednow and Lydia Johnson-Ferguson
- *Diseases of Despair in Young Adulthood: Risk, Resilience, and Prevention*, 2019, Zurich, co-organized with Prof. William E. Copeland

Conference Review Panels and Scientific Committees

- 2024–2025 Member of the Scientific Committee for 2025 Zurich Population Research Conference, Zurich, Switzerland
- 2018–2019 Member of Scientific Committee for 2019 Meeting of the International School Psychology Association, Basel, Switzerland
- 2015 Panel on *Developmental Psychopathology* for 2016 Society for Research on Adolescence Biennial Meeting
- 2010 Panel on *Developmental Psychopathology* for 2011 Society for Research on Child Development Biennial Meeting

Center for Developmental Science (CDS) at UNC-Chapel Hill

- 2014–2016 Member of Executive Committee
- 2013–2014 Member of Advisory Committee for CDS Pre-doc Julie Campbell
- 2010 Co-Organizer of the Fall 2010 Carolina Consortium Series on *Exploring the relation between parent psychopathology and the development of children's emotion regulation*

Ad Hoc Reviewer for Academic Journals

- Addiction
- American Journal of Epidemiology
- American Journal of Psychiatry
- Brain, Behavior, and Immunity
- Child and Adolescent Mental Health
- Child Development
- Criminology
- Developmental Psychology
- Developmental Review
- Drug and Alcohol Dependence
- European Child & Adolescent Psychiatry
- Family Relations
- Health Psychology
- International Journal of Behavioral Development
- JAMA
- JAMA Network Open
- Journal of Child Psychology and Psychiatry
- Journal of Criminal Justice
- Journal of Family Issues
- Journal of Family Psychology
- Journal of Marriage and the Family
- Journal of Pediatrics
- Journal of Psychosomatic Research
- Journal of Research on Adolescence
- Journal of the American Academy of Child and Adolescent Psychiatry
- Longitudinal and Life Course Studies
- Molecular Psychiatry
- Nature Mental Health
- PLoS ONE
- Psychological Bulletin
- Psychological Medicine
- Psychoneuroendocrinology

- JAMA Psychiatry
- Journal of Abnormal Child Psychology
- Journal of Adolescent Health
- Journal for Adolescent Research
- Social Development
- Social Science Research
- Social Psychiatry and Psychiatric Epidemiology

To University, College, and Department

University of Zurich

- 2026 Member of search committee; Lecturer Position in Translational Clinical Psychology and Digital Mental Health (Department of Psychology)
- 2025– Member of search committee; Professorship in Clinical Child, Adolescent, and Family Psychology and Psychotherapy (Department of Psychology)
- 2024 Member of appointment committee; Associate Professorship of Developmental Neuroscience (Department of Psychology and Jacobs Center for Productive Youth Development)
- 2023– Co-Organizer of Jacobs Center Research Day
- 2023–2024 Member of search committee; UNICEF-Assistant Professorship in Economics of Child Wellbeing and Development (Department of Economics)
- 2023–2024 Member of search committee; Professorship in Clinical Biopsychology and Psychotherapy (Department of Psychology)
- 2022–2023 Member of search committee; Assistant Professorship in Quantitative Methods of Intervention and Evaluation (Department of Psychology)
- 2022–2023 Member of search committee; Professorship in Applied Ethics (Department of Philosophy)
- 2022 Speaker at workshop on *Professional Networking* organized by the R peer mentoring group of the UZH Psychology department
- 2022–2025 Member of Internationalizing Psychology workgroup
- 2021–2023 President, Ethics Committee of UZH Faculty of Arts and Social Sciences, served one regular term
- 2021– Reviewer for internal UZH post-doc grant selection committee (Forschungskredit / CanDoc)
- 2021–2025 Faculty sponsor of journal club on substance use, together with Prof. Boris Quednow. Joint effort of the Jacobs Center for Productive Youth Development, Psychiatric University Hospital UZH, & UZH Institute of Epidemiology, Biostatistics, and Prevention
- 2020–2021 Member of search committee; Professorship in Neuropsychology and Cognitive Neuroscience
- 2020–2023 Member of Ethics Committee of UZH Faculty of Arts and Social Sciences
- 2019–2020 Member of committee charged with promotion of young investigators / research commission of the Swiss National Science Foundation at the University of Zurich, College of Arts and Sciences (Nachwuchsförderungs-Kommission: Doc.CH committee)

- 2019–2021 Social media editor, Jacobs Center UZH
- 2019– Faculty advisor of R peer mentoring group in the Department of Psychology
- 2018–2019 Chair of a promotion-committee (Habitations Committee)
- 2017– Member of Leitungsausschuss (Steering Committee), Jacobs Center for Productive Youth Development
- 2017–2018 Member of Direktorium (Management Committee), Jacobs Center for Productive Youth Development
- 2017–2021 Website editor, Jacobs Center UZH
- 2017 Conducted workshop at UZH site of Max Planck Research School on the Life Course (LIFE) for doctoral students: Strategies for effective conference attendance
- 2016–2020 Member of several Jacobs Center growth & building committees
- 2016–2019 Co-organizer of Jacobs Center Research Seminar

UNC-Chapel Hill

- 2015 Interviewer for Departmental Human Resources Specialist position
- 2015–2016 Davie Hall (Psychology & Neuroscience Building) Renovation Planning Committee
- 2015 Faculty Teaching Mentor (to 1 graduate student)
- 2015–2016 Diversity Enhancement Awards Selection Committee, Member
- 2014–2015 Behavioral Observation Core Committee, Member
- 2014–2015 Diversity Committee, Member
- 2014 Interviewer for Departmental Grants Manager position
- 2014 Search Committee Member, Developmental Psychology & Instructional Program Coordinator position
- 2014 Panel member, Psychology Dissertation Completion Fellowship award selection
- 2013 Faculty Teaching Mentor (to 3 graduate students)
- 2012–2016 Graduate Student Admissions, Developmental Program

UNC-Greensboro

- 2011 University-wide Undergraduate Admissions Phon-a-thon
- 2010–2011 Kendon-Smith Lecture Series Committee
- 2010–2011 University-wide Charles Duncan McIver and Holderness/Weaver Awards Committee
- 2010–2011 Departmental Executive Committee
- 2010–2011 Developmental Brown Bag Lunch Organizer
- 2010–2011 Merit (Faculty Review) Committee

- 2008–2009 Colloquium Committee
- 2008–2009 Merit (Faculty Review) Committee
- 2008–2009 Search Committee Member, Adolescent Clinical Psychology Position
- 2008–2011 Sponsor of the Psychology Graduate Student Association
- 2008–2011 Graduate Student Admissions, Developmental Program

Friedrich-Schiller-Universität Jena

- 1997–1998 Student Representative for Vordiplom (B.Sc.) and Diplom (M.Sc.) Psychology Students

HONORS, AWARDS, AND FELLOWSHIPS

- 2025 Highly Cited Researcher by Clarivate (<https://clarivate.com/highly-cited-researchers/>). From Clarivate: *“Among scientists worldwide, Highly Cited Researchers represent 1 in 1,000: Clarivate recognizes the 0.1% of researchers who are most frequently cited globally,”* using quantitative metrics, qualitative analysis, and expert judgment.
- 2025 Elected as Member of an Expert Group by the Swiss National Science Foundation to discuss a potential Pilot National Research Priority program on *“Mental Health of Adolescents”*
- 2014 Invited Guest, Conference on Depression and Neuroscience, UNC-Chapel Hill
- 2013 Keynote Speaker, International Federation of Psychiatric Epidemiology, Leipzig, Germany
- 2011 International Travel Fund, International Programs Center and Dean of the Arts and Sciences Office & Scholar’s Travel Fund, Office of Research and Economic Development, UNC-Greensboro
- 2010 Child and Family Research Network (CFRN) Summer Stipend, UNC-G
- 2009 Summer Excellence Grant, Office of Research and Public/Private Sector Partnership, UNC-Greensboro
- 2008 International Travel Fund, International Programs Center and Dean of the Arts and Sciences Office, UNC-Greensboro
- 2004–2007 National Institute of Child Health and Development (NICHD) National Research Service Award, Post-Doctoral Fellowship
- 1999 Exchange scholar stipend from the University-Friedrich-Schiller-Universität-The Pennsylvania State University exchange program
- 1998 Exchange scholar stipend from the Friedrich-Schiller-Universität-Université Paul Valéry exchange program (Erasmus scholarship)

PROFESSIONAL MEMBERSHIPS

American PsychoPathological Association (APPA), elected fellow

Association for Psychological Science (APS), member
 International Society for Psychoneuroendocrinology (ISPNE), member
 Society for Research on Adolescence (SRA), member
 Society for Research in Child Development (SCRD), member

PUBLIC OUTREACH

*** For more media coverage, see also example Altmetric links in Bibliography section. ***

- 2026 Research featured on Swiss National Television and Radio, and elsewhere nationally and internationally:
<https://link.altmetric.com/details/187540859/news>
- 2025 Invited article on parenting and resilience in *Schweizer Monat*
- 2024 Research featured on *Swiss Radio and Television (SRF): Studie zu Kokain-Konsum: So viel koksen junge Schweizerinnen und Schweizer wirklich. [Study on cocaine use: How much cocaine do young Swiss people really consume?]*
 Interview with *SonntagsZeitung: Lebensgefährlicher Mischkonsum [Life-threatening simultaneous substance use]*
 Research featured in *Tagesanzeiger: Unsichtbare Kokainwelle kommt. [An invisible wave of cocaine use is arriving]*
 Organization of workshops for early adolescents on *Was Stress mit uns macht und wie wir damit umgehen [What stress does and how we can cope with it]*. Event held at the UZH, by the UZH Jacobs Center Risk and Resilience team, in the context of Swiss National Future Day
- 2023 Co-organizer of and speaker at Jacobs Center Research-Practice-Public Policy Exchange Symposium on *Bildungskarrieren und Bildungsungleichheiten [Educational Trajectories and Educational Inequalities]*
- 2022 Panelist in 50th anniversary celebration of the ETH/UZH Psychological Counseling Services *Let's talk about... die Chancen und Herausforderungen während der Studienzeit [... Opportunities and Challenges for College/University Students]*
- 2022 Panelist in "Meet-the-Experts," celebrating 125 years of UZH Psychology *Risiko vermeiden und Gesundheit fördern im Jugend- und Erwachsenenalter [Preventing Risk and Promoting Health in Adolescence and Adulthood]*
- 2021 Plenary Talk at 2. Luzerner Suchtforum (2nd Luzern Addiction Forum) *Polysubstanzgebrauch: Risikofaktoren und Prognosen [Polysubstance use: Risk Factors and Outcomes]*, Steinhoff, Shanahan, & Quednow
- 2021 Plenary Speaker at Stakeholder Conference for the National Strategy for Non-Communicable Diseases, held by the Swiss Federal Office of Public Health / BAG. *Early mental and social well-being as a foundation for later health.*
- 2019 Moderator of Jacobs Center Research-Practice-Public Policy Exchange Symposium on *Problemverhalten an Schulen, Frühförderung und*

Bildungserfolg [Problem behavior in schools, supporting childhood development, and educational success]

- 2019 Organizer of public talk by Kenneth A. Dodge on *Toward population impact for early childhood interventions*
- 2019 Organizer of public talk by Richard A. Miech on *The great decline in U.S. adolescent smoking: Consequences for the use of highly addictive drugs*
- 2019 Guest feature: *Toddler with overbearing parents can have a wide range of problems later on*, <https://www.childandfamilyblog.com/>, May 2019
- 2019-2021 Jacobs Center social media, faculty editor
- 2018 Interview with *Der Standard* on *Warum Helikopter-Eltern ihren Kindern schaden können [Why helicopter parents can be harmful to their children]*
- 2018 Public Inaugural Lecture at the University of Zurich on *The emerging intersection of physical and mental health during the early life course*

LANGUAGES

German (native), English (fluent), French (intermediate), Russian (intermediate)